

## Solemnity of Christ the King

**First Reading:** Ezekiel 34: 11-12, 15-17  
**Resp. Psalm:** Psalm 23: 1-2, 2- 3, 5-6  
**Second Reading:** 1 Corinthians 15: 20-26, 28  
**Gospel:** Matthew 25: 31-46

[Full readings can be found here!](#)

## 1. HEAR

Pick up your bible and look up the Gospel reading. Don't have one? No worries; you can find the Gospel reading by clicking

[HERE](#). (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#).

(YouTube, John Hilton III channel, 2:15 min)

Children can also watch a video proclamation of the Gospel by clicking

[HERE](#). (YouTube, Holy Heroes channel, 2:36 min)

## 2. PRAY

Gather the family around a prayer space and think about people who may have no one to pray for them.

Offer your quiet prayers for their salvation and wonder what it means for yours. Share with one another the people you thought about and how your treatment of others affects your relationship with Jesus.

## 3. TALK

In today's Gospel, Jesus talks about the day of judgment, when our lives are opened, and the truth of how we lived lives in our hearts is revealed. As you reflect together on this gospel, talk about

1. The times you reached out to someone in need. What did you do to help? Think of all the ways, great and small, that you gave something of yourself for the sake of another person. How did you feel in those moments?
2. Talk about times when you didn't reach out when you might have. How did you feel in that instance?
3. How do you express the eternal life in your hearts through the people and world around you? When Jesus says he will separate the sheep and the goats, how can you be set apart every day of your life on earth?

