

18th Sunday in Ordinary Time
August 2nd, 2026

FAITH @ HOME

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First Reading: Isaiah 55: 1-3
Resp. Psalm: Psalm 145: 8-9, 15-16, 17-18
Second Reading: Romans 8: 35, 37-3
Gospel: Matthew 14: 13-21

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#). (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can listen and audio with the proclamation for adults by clicking [HERE](#). (YouTube, John Hilton III, 8:19 min)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#). (YouTube, Crossroads Kids Club, 4:18 min)

2. PRAY

Gather the family around a dining table. Take a few moments to think about those in your community who go hungry because of lack of food. Add an empty plate to the family table as a symbol of those who go without food. Each evening pray...

"Jesus, thank you for providing our family with its daily bread and we ask that you fill the empty plates around the world feeding those who hunger. May you send forth the Holy Spirit to feed them spiritually opening their eyes to the ways you are present in their life."

May they come to know your love through the actions of those who offer help and support. Amen"

3. TALK

In today's Gospel, Jesus is teaching to over 5000 people, but the day is long and the people are becoming hungry.

A young boy presents to Jesus his baskets of five loaves and two fish in the hope that his donation will help feed the people.

With this small act of charity, Jesus does something miraculous. He multiplies the donation and can feed everyone there plus 12 baskets of food are left over! Think about what small act of charity you can offer up to Jesus knowing he will do something wonderful for many. How does your action of charity toward others support Jesus's teaching to depend on and trust in him?



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

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