

16th Sunday in Ordinary Time
July 19th, 2026

FAITH @ HOME

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First Reading: Wisdom 12:13, 16-1
Responsorial Psalm: Psalm 86:5-6, 9-10, 15-16
Second Reading: Romans 8:26-27
Gospel Matthew 13:24-43

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#). (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can listen and audio with the proclamation for adults by clicking [HERE](#). (YouTube, WOG channel, 3:34 min)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#). (YouTube, Tangy Crayfish)

2. PRAY

Gather the family around a prayer space, close your eyes and picture a wheat field with tall stalks swaying in the wind.

Imagine yourself walking through it, touching the plants and feeling connected to the wonder of creation that provides the nourishment we need to become what God intended us to be.

After a few moments open your eyes and share with one another what that felt like.

3. TALK

In today's Gospel Jesus teaches about the nature of life through the parable of the wheat and the weeds. He describes how a farmer sowed good seed, but an enemy came in and sowed weeds. Rather than pulling up the weeds he says allow them to grow together.

Have you ever experienced a time when things were going well and then something happened to sour the situation?

What happened and how did everyone react to the negative influence? How was the good able to overcome the bad?

We see a lot of good and bad in the world today. How do you discern between the wheat and the weeds and keep the wheat healthy?

How do you choose the good when the bad is in your midst?



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

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