

6th Sunday of Easter
May 10th, 2026

FATH @ HOME

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First Reading: Acts 8:5-8, 14-17
Resp. Psalm: Psalm 66:1-3, 4-5, 6-7, 16, 20
Second Reading: 1 Peter 3:15-18
Gospel: John 14:15-21

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#). (*Bishop O'Connell's Gospel Reflection page.*)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (*YouTube, Perfect Little Gentleman channel, 2:02 min*)

Children can watch a video proclamation of the Gospel by clicking [HERE](#). (*YouTube, Holy Heroes channel, 1:17 min.*)

2. PRAY

Gather with your family or friends around your prayer space. If possible, find a prayer card or a small picture of the Holy Spirit and place it on your prayer table.

Today, we invite all gather here to pray an examination of conscience based on the Ten Commandments. As we heard in today's Gospel, we show our love for Jesus when we keep God's commandments.

An examination of conscience is a practice that Catholics use to reflect on their everyday actions, or to prepare for confession.

We heard Jesus tell his disciples: **"If you love me, you will keep my commandments."** Thus, the commandments are more than just rules and requirements, they are an invitation to love.

Begin by doing the Sign of the Cross on your body as we usually do in church. Then, close your eyes and take three deep breaths. Next, invite the Holy Spirit to give you wisdom as you recount your actions of love.

Open your eyes and listen to the questions being read and reflect on how you would answer each one.

- Have I accepted God's invitation to love my mother? My father? My siblings?
- How am I showing love to my romantic partner? My neighbor? Strangers? Myself? God?

Because God knows our thoughts, talk with God about what came up during your silent reflection. End your prayer time by reciting together the *Glory Be*.



3. TALK

In the first reading we heard the account of Peter and John visiting the newly baptized disciples in Samaria and how they prayed for the Holy Spirit to descend upon them. For it is by the power of the Holy Spirit that we can be true disciples of Jesus with our words and our actions.

In pairs, discuss in what ways you allow the Spirit of Jesus that lives in you to guide your daily life, and how is the Spirit inspiring you to keep the commandments of the Lord. (*For young children, invite them to draw a picture of their answer to be shared with all in the home.*)

As a family, discuss some specific ways you can use to show the love of God to the people in your lives: family, friends, relatives, neighbors, members of your faith community, coworkers, etc. (*Allow for all present to share their ideas.*)

Pick one of the ideas shared and make a plan to put it into action during the course of the week.



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

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