

5th Sunday in Lent

March 22nd, 2026

FAITH @ HOME

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First Reading: Ezekiel 37:12-14
Resp. Psalm: Psalm 130:1-2, 3-4, 5-6, 7-8
Second Reading: Romans 8:8-11
Gospel : John 11:1-45

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#). *(Bishop O'Connell's Gospel Reflection page.)*

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). *(YouTube, Andrew Yeo channel readings channel, 5:53 min)*

Children can also watch a video proclamation of the Gospel by clicking [HERE](#). *(YouTube, Mary Jo Cole Channel, 9:24 min.)*

2. TALK

In today's Gospel Mary and Martha experience grief at the death of their brother. The disciples feel confusion that Jesus delayed returning to him so he would be healed. When Jesus meets his friend Martha, we can hear the pain and struggle for faith when she says, if you had been here, he would not have died, but you are the resurrection and the life. Faith is transformed when Jesus raises Lazarus.

1. Have you had an experience of deep crisis or grief when your faith is challenged? How did you find the strength to trust in God and know in your heart Jesus is with you?

2. In this Gospel it says, "Jesus wept". For what do you think Jesus was weeping? How do you react to know that God would cry?

3. When Lazarus is raised people are astounded, frightened, angered, and transformed. Imagine

yourself standing among the people and you witness a dead man come to life. How would you react? What would you say to others about the experience? How would you profess what you have seen and heard to people who were not present?



3. PRAY

Gather the family around a prayer space.

Think about Mary and Martha and the people who came to be with them in their time of grief. Who do you identify with. Close your eyes, hold hands and pray with them. Imagine Jesus arriving? What would you say to him? Would you understand that he delayed? Would you be angry at the loss you experienced? How would you react to his tears and what would they mean to you?

Now imagine yourself at Lazarus's tomb and you witness his restoration. You look at Jesus in amazement? What are your thoughts at this moment?

Share with each other your feelings and doubts, your struggle to remain faithful and your restoration to a new understanding of how God works in your life.

Give thanks.



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Archdiocese of Los Angeles

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