

4th Sunday in Lent

March 15th, 2026

FAITH @ HOME

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First Reading: 1 Samuel 16: 1b, 6-7, 10-13a
Resp. Psalm: Psalm 23: 1-3a, 3b-4, 5, 6
Second Reading: Ephesians 5: 8-14
Gospel : John 9: 1-41

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#).

(Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#).

(YouTube, Lumo Project Film channel, 7:03 min)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#).

(YouTube, Jesus Wonder Animations channel, 7:32 min.)

2. PRAY

Gather the family around a prayer space and place items that represent sight and light, maybe it's reading glasses, binoculars, a candle or a flashlight.

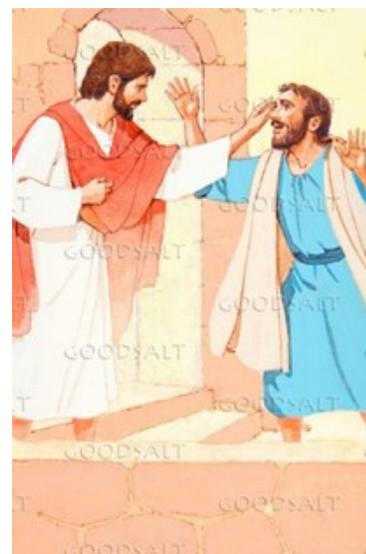
Take a moment to say a prayer of thanksgiving to God for the many ways he has inspired mankind to develop tools for sight and for bringing light into our dark spaces at night.

3. TALK

In today's Gospel, Jesus meets a blind beggar who has been without sight since birth. Jesus heals the man's blindness. The disciples question Jesus asking if the man's physical disability is caused by sin. Jesus says it is not but rather a way for God to be glorified by the light Jesus brings into the world as he heals those who come to believe in Him.

Do you have a place in your life that needs the light of Christ in it? What can you ask Jesus to heal?

In which ways can you proclaim the good God has done in your life, as the beggar does in the Gospel?



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Archdiocese of Los Angeles

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