

3rd Sunday in Ordinary Time  
January 25, 2026

# FAITH @ HOME

## 3rd Sunday in Ordinary Time

**First Reading:** Isaiah 8:23—9:3  
**Resp. Psalm:** Psalm 27:1, 4, 13-14  
**Second Reading:** 1 Corinthians 1:10-13, 17  
**Gospel:** Matthew 4:12-23 or 4:12-17

[Full readings can be found here!](#)

## 1. HEAR

Grab your bible and look up the reading. Don't have one? No worries you can find the text [HERE](#).

(Bishop O'Connell's Gospel Reflection page)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (Youtube, Channel Discover Jesus 2:46 Min)

The children can also watch a video proclamation of the Gospel by clicking [HERE](#).

(Youtube, channel Gospel Reading for Kids 2:49 Min)

## 2. PRAY

Jesus reminds us in the gospel to be attentive and be prepared. Jesus says, "Repent, for the kingdom of heaven is at hand." Begin your prayer time with Jesus, by inviting him to come and be with you. Close your eyes and imagine he is seated next to you. Recall times this past week that you have failed to be a person of love, kindness, and mercy. Think of those you may have argued with, gossiped about, or have chosen not to forgive. Ask Jesus to help you have a heart like His heart – a heart that shows unconditional love and compassion. Pray for those you have hurt and pray for those who have hurt you. Ask Jesus to give you the courage to "repent" and "reconcile".

Close your prayer time with Jesus with reciting the Responsorial Prayer response, "The Lord is my light and my salvation. Amen!"

## 3. TALK

Gather with a family member or friend.

To be attentive and prepared to be a Missionary disciple of Christ, discuss some of the ways you can be more like Jesus, through your words and actions. Discuss your thoughts and prepare an action plan you will follow and adhere to. Consider following up with your family member or friend you are sharing with after you implement your action plan in order to be accountable to each other. For example, "I was selfish and inconsiderate of my friend in need. She asked me to come over and visit because she was feeling lonely after the death of her mother. I was tired and made up an excuse why I couldn't go over to her house. I feel so guilty. I will plan on calling my friend this week, apologize, and invite her to go out for coffee."

If you have children in your family, have them draw a picture of a "bad choice" they made this week. Then, have them draw another picture of how they can correct that bad choice and turn it into a "good choice" for Jesus.

