1st Sunday in Advent November 30th, 2025

ATTH @'HOME

1st Sunday in Advent

First Reading: Isaiah 2:1-5

Resp. Psalm: Psalm 122: 1-2, 3-4, 4-5,

6-7. & 8-9

Full readings can be found here!

Romans 13:11-14 Second Reading: Gospel:

Matthew 24:37-44

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking HERE. (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking HERE. (YouTube, WOG channel, 1:06 min)

Children can also watch a video proclamation of the Gospel by clicking **HERE**.

(YouTube, Everyday Can Be A Sunday, 2:25 min.)

2. PRAY

Jesus reminds us in the gospel to be vigilant and pray. So, let's make this time of Advent, a time of prayer in an intentional way.

What is Advent? The season of Advent (from the Latin word "adventus," meaning "coming") is the time of preparation for the birth of Christ.

Why Advent? It is a time of longing and waiting for his 'coming'. It should be a time filled with joy when we ponder the gift of God's love, open our hearts to receive and open our hands to give. Advent begins the liturgical year. It begins on the Sunday closest to the feast of St. Andrew.

> Share with us how you are living out your faith at home. Use

How I can I prepare my home and my heart?

We invite you to create a prayer space in your home where you have an Advent wreath and a handmade manger. You can get as creative as you'd like to make it a prayerful experience. Every week, place a written intention/petition on a strip of paper and place it in the manger before lighting the Advent candle. On Christmas day, place baby Jesus in your manger of collected prayers and intentions, where we will rejoice in the coming of Emanuel.

Here is a LINK with additional resources to use during the Advent season.

3. TALK

Prepare and Advent wreath in a room of your home and gather with you family or a friend.

The first candle we light during Advent is the candle of **HOPE**. As you reflect on the intention you wrote down on the paper, what is your hope for that intention? For example: I hope for healing of my family member, etc...

Have a conversation with a family member or friend about your intention. *In what way do you want Jesus*





Archdiocese of Los Angeles

Office of Religious Education