



VISION *faith* SKILLS *formation*

Archdiocese of Los Angeles
Office of Religious Education

Vision and Skills for Faith Formation (VSFF) Cohort 8—Fall 2025

A formation based on the philosophy of missionary discipleship, accompaniment with adults at the center and the catechumenate model for catechesis.

This formation builds on the process of accompaniment introduced and modeled in the One Mission One Faith (OMOF) basic formation. Each participant will be paired with a mentor-companion and assigned to a small group of mentees-companions in ministry. Together they will journey through the process aimed to gaining the vision and presenting skills for making missionary disciples. The terms 'mentor-companion' and 'mentee-companion' are used to distinguish roles and acknowledge the reciprocity of companionship along the way.

VSFF is a training opportunity for anyone involved in Faith formation programs in their parish. It will equip leaders with the knowledge and skills to be witnesses of the faith and to accompany those they serve (adults, families, young adults, youth, and children) in their journey of missionary discipleship with adult faith formation at the center.

Prerequisite for certification (re): Completion of One Mission One Faith before attending this course. **VSFF** is the second phase in the process of becoming a certified catechist, although a participant may take the course for enriching formation in any parish ministry.

FORMATION COMPONENTS:

VSFF is composed of Zoom Live sessions and online sessions. The components of each session are prayer, presentations, video recordings, readings, online forums, group projects, small-group conversation, etc.



VSFF Fall 2025 —Cohort 8 Schedule—Phase II for Catechist Formation

Information:

- Online sessions run for one week each; participants can access the content and complete the work at their own pace during each week.
- Zoom Live session will be held on Tuesdays, please see details below.
All Zoom Live and Online sessions are integral to the course and build on each other, **all are required.**
- Any missing Zoom session will need to be made up in a future cohort.



Tuesday November 4, 2025, 6 to 9:00pm	Live Zoom	Session 1 —Evangelizing Catechesis and its kerygmatic approach. The Catechist and how the identity of catechesis is expressed.—The Catechetical Method —The Art of Listening and Dialogue.
Tuesday November 11, 2025, 6 to 9 pm	Live Zoom	Session 2 —Root of all Catechesis in Adult Faith Formation, The Catechumen Process model for Catechesis.—Collaboration, Diversity and Synodality.
Nov 17—23, 2025	Online	Session 3 —Accompaniment through ages and stages—Pastoral guidelines with different age groups
Dec 1—7, 2025	Online	Session 4 —Understanding How We Learn—Adults at the center of Evangelization and Catechesis
Tuesday January 6, 2026 6 to 8 pm	Zoom Live Integration	Session 5 —Integrating Sessions 3 and 4 —Planning Prayer and Adaptive Designed Approach. Special Project.
January 12—18, 2026	Online	Session 6 —Facilitating and Teaching—Accompanying People We Serve, Evaluating Resources.
Tuesday January 20, 2026 6 to 9 PM	Live Zoom	Session 7 — Planning Prayer Project (all groups) Methodology in Catechesis—To Teach as Jesus Did! The Art of Story Telling.—Session Planning Laboratory.
Tuesday January 27, 2026 6 to 9 pm	Live Zoom	Session 8 — Laboratory of Learning —Process for integrating skills—Multigenerational Planning



Please scan QR code to register — \$45.00 Formation Fee

For further details visit Catechist Formation /OMOF on our web page:
<https://lacatholics.org>

**For additional help contact: Elizabeth Argueta — Catechist Formation
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