

22nd Sunday in Ordinary Time

August 31th, 2025

FAITH @ HOME

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First Reading: Sirach 37-18,20,28-29
Responsorial Psalm: Psalm 68:4-5,6-7,10-11
Alleluia: Hebrews 12:18-19,22-24A
Gospel: Luke 14:1,7-14

[Full readings can be found here!](#)

1. HEAR

Pick up your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#). (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (YouTube, 德蘭社 channel, 2:29 min)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#). (YouTube, channel Douglas Brown, 1:54 min)

2. PRAY

Gather your family or invite a friend to gather around a prayer space in your home. As you begin your prayer, invite Jesus to join you in your prayer time. In today's Gospel we hear Jesus shares a parable about being invited to a wedding party. We hear about not taking a place of honor at the banquet table, Jesus reminds us to be humble. In prayer ask Jesus to help you to have a humble heart. Ask Jesus to show you how to be humble in your relationships. Ask Jesus to allow you to stay humble in all situations. *(Pause for reflection.)*

Altogether, say out loud the following litany:

*Help me resist the times when I want to be the center of attention.
Help me resist the times when I want to be superior to others.*

Help me resist the times when I want to control others.

Help me resist the times when I am stubborn and selfish.

Give me a heart that is filled with unconditional love and service.

Give me a heart that lets me be a blessing to others.

Give me a heart that embraces the needs of others.

Give me a heart like JESUS.

Amen.



3. TALK

Think of times when you were not humble in certain situations and explain how that made you feel. What kind of feelings emerged? What emotions were manifested in you? Journal your answers on a piece of paper or a notebook. If you have children, invite them to draw their responses.

Now, think of a different time when you were called to act with humility and serve others. How did that action make you feel? What emotions filled your heart as you acted with love and humility? Journal your answers as well.

Consider the two situations described above. Which situation made me a true disciple of Jesus? Pause for reflection. Together, listen to the hymn "Make a Channel of Your Peace" by clicking [here](#).



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Archdiocese of Los Angeles

Office of Religious Education

ore@la-archdiocese.org; www.lacatholics.org/religious-education