



Year 3: Internet Safety Grades K - 2

Preparation: Review the lesson completely before beginning instruction.

You will need a projector or computer with adequate sound for playing the “Be Safer Online with NetSmartz” PowerPoint presentation because it has talking videos. You will also need:

- **Internet Safety Activity #1: “What Do You Like To Do Online?” (10 Minutes)**
 - Preview “What Do You Like to Do Online” PowerPoint
 - Or Print 11x 8.5 Flash Cards
 - Make copies of Student Activity #1: “What Do You Like to Do Online?”
 - Video: [Follow the Digital Trail \(2:15\)](#)
- **Internet Safety Activity #2: “Be Safer Online with NetSmartz” (30 minutes)**
 - Print a copy of the “Be Safer Online with NetSmartz” Presenter’s Manual
 - Download the [“Be Safe Online with NetSmartz!”](#) PowerPoint Presentation
 - Video: [Internet Traffic Light \(0:54\)](#)
- **Internet Safety Activity #3 – “Who are you Really?” (10 minutes)**
 - Print a copy of “Who are you Really?”
- **Take Home Activity “My Rules for Internet Safety” Pledge (10 minutes)**
 - Run copies of Take-Home Activity: “My Rules for Internet Safety”

Closing Prayer / Take Home Activity

Overview of Lesson Plan:

Principle: Today’s children learn to play fun games, talk to family/friends, search for interesting facts, and travel the world all in the privacy of their homes while navigating the world wide web, the internet. Children are very capable of using computers, tablets, and iPhones at a very early age. “It is exactly because of the good that social media accomplishes that we must be attentive to the nature of its power, a power that can bring ill as well as good.”¹

Children need the guidance of parents/guardians to direct them in the safe use of the internet. It is important that children learn the “Internet Safety Rules” just as they learned the Body Safety Rules.

Catechist: #2294 “...Science and technology by their very nature require unconditional respect for fundamental moral criteria. They must be at the service of the human person, of his inalienable rights, of his true and integral good, in conformity with the plan and will of God.”

#2228 Parents’ respect and affection are expressed by the care and attention they devote to bringing up their young children and providing for their physical and spiritual needs. As the children grow up, the same respect and devotion lead parents to educate them in the right use of their reason and freedom.

Goals: To empower children with the knowledge and tools they need to be safe and responsible online.
To assist parents/guardians with the knowledge/resources to help them keep their children safe online.

Objectives: **Children will learn**

- the NetSmartz’s Four Internet Safety Rules.
- the advantages and possible dangers of being online.
- how to be safe and responsible when online.

ACTIVITY #1: What Do You Like to Do Online?**(10 minutes)**

From a very young age, children are now actively online. In fact, the largest growing number of online users are children under eight. Even toddlers use their parent or guardian's cell phone and tablet to play games, watch videos or talk.

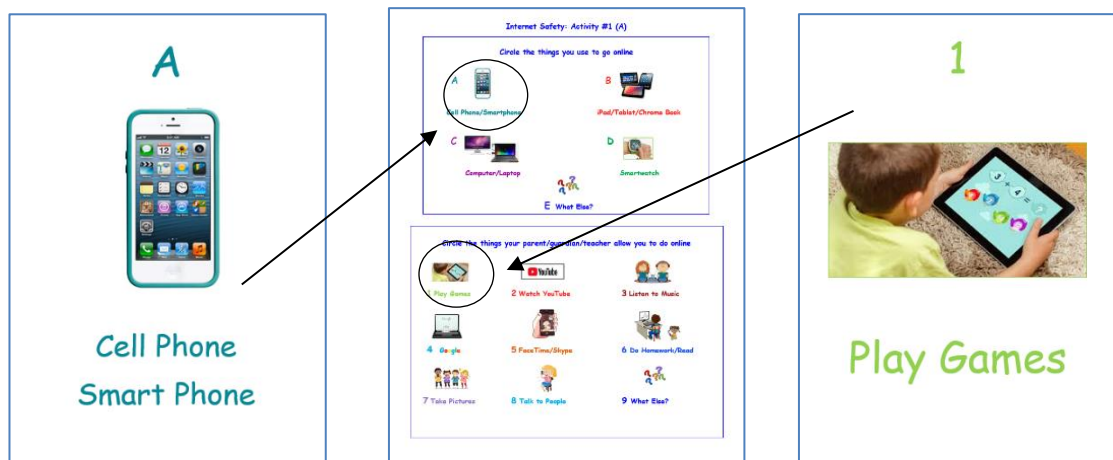
Activity #1: "What Do I Like to Do Online" Activity Worksheet and PowerPoint or Activity Cards are designed to help engage your class have a conversation about what devices they use to go online and what they are allowed to do online. It will help them understand that NetSmartz "Four Safety Rules" are connected to what they are doing online.

You may use the link to the PowerPoint by or print 13 x 17" Activity Cards and for the Student Activity Worksheet.

Click here on link for the
[PowerPoint](#)

Click here to print
[Student Activity Worksheet](#)

Click here to print "13 x 17"
[Activity Cards](#)

Activity #1: "What Do You Like to Do Online" Instructions**Part One**

1. Distribute the "What Do You Like to Do Online" worksheet to each student.
2. Show slide or card "A" with the picture of the Cell Phone / SmartPhone
3. Tell the students, if you use a cell phone or SmartPhone **"Circle"** the letter "A" and the picture.
4. How many of you use a Cell Phone or Smart Phone?
5. Complete this process for letters B – D.

(This will give you a good indication of the devices your students are using.)

Part Two

6. Show slide or card "1" with the picture of the boy playing the game.
7. If you play games online **"Circle"** the number "1" and the picture.
8. Ask then what their favorite game is.
9. Complete this process for Cards with numbers 2 – 9.

(This will give you a good indication of what your students are doing online)

Slide 1

**Presenter Dialogue (Black Text) / NetSmartz Video Dialogue (Green Text)**

Note: You may use the suggested dialogue, or you may create your own in the fillable PDF portions of the lesson plan. Note: NetSmartz does not allow you to alter the slide presentation or add slides of your own!

(Slide 1 should be on the screen to begin Activity 2)

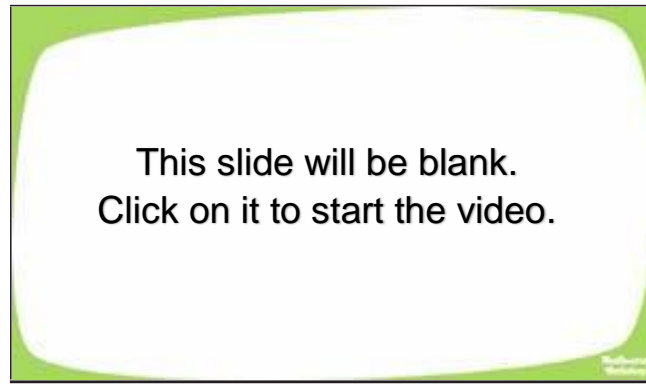
SLIDE 1 – PRESENTER DIALOGUE:

We just talked about the things you use to you go online and some of the activities you are allowed to do. (Activity 1) Now you are going to learn:

- **How to be safe online by following the Four Internet Safety Rules.**
- **What to do when you see something online that makes you feel uncomfortable, scared or confused.**
- **An important word “Netiquette,” which is about being polite, never being rude or mean on the internet and what to do if someone is rude or mean to you.**

And here to help me today are our NetSmartz friends - Clicky, Nettie and Webster.

Slide 2



SLIDE 2 – VIDEO DIALOGUE: (Green Text)

Clicky: Hi kids! I'm Clicky, the NetSmartz Internet safety robot. I'm so happy to be here to help teach you all about online safety.

Nettie: Hey guys! My name is Nettie. Clicky has been teaching me about Internet safety for years. I can't wait to tell you about what I've learned.

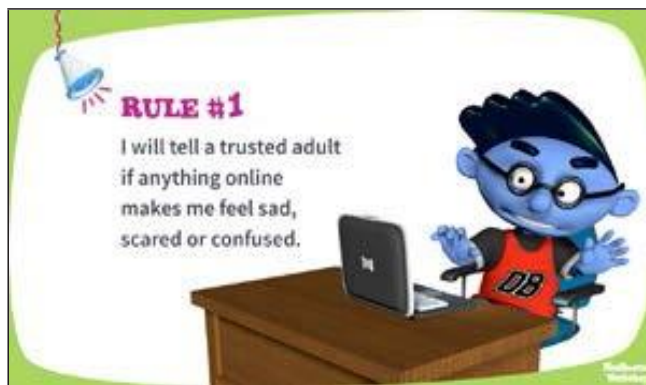
Webster: Hi! I'm Webster. I love being online. But you know what I love even more? Knowing I'm safer when I'm online. You guys are going to love this presentation. I've seen it before. There are quizzes, oh and you get to—

Clicky: OK, Webster! Don't give it all away.

Webster: Oops! Sorry.

Clicky: I know you guys are going to learn a lot and have fun. Pay close attention because I'm turning the mic back over to your presenter.

Slide 3

**SLIDE 3 – PRESENTER DIALOGUE:**

Let's start with Internet Safety Rule #1:

**I will tell a trusted adult
if anything online
makes me feel sad,
scared, or confused.**

(Now class let's say the rule together!)

Even though the Internet is fun, not everything online is meant for children. That means you may see something online that you don't understand. It may even make you feel confused, scared or uncomfortable. It could be pictures or videos of people fighting or using bad language. Even if you don't mean to see it, the internet is so big, you may accidentally see things that make you feel uncomfortable or "yucky."

Your Notes:

Clicky and his friends are going to show us what to do if we see something online, we're not supposed to see.

Slide 4



(CLICK ON SLIDE 4 TO START VIDEO)

SLIDE 4 – VIDEO DIALOGUE:

Clicky: There's so much to see online.

Clicky: Some of what's online is only for adults, so you may see something you weren't supposed to. But don't worry; there are things you can do. If you see something online that makes you feel bad, use the back button. Do you see it?

Clicky: There it is! Pressing the back button will take you to the last screen you were on. You can also use the monitor's power button to turn it off.

Nettie: Even though you know how to get rid of the bad pictures or videos, you still may feel bad. We're going to tell you about another important thing you can do when you see something that makes you feel sad, scared, or confused. You can tell a trusted adult about what you saw.

Webster: Yeah, they can help you report it, or just talk to you about it until you feel better.

Clicky: That's right. As one of Nettie and Webster's trusted adults, I always listen to them and try to help them feel safe. **Webster:** He's really good at it, too.

Clicky: Aw, thanks buddy!

Slide 5

**SLIDE 5 – PRESENTER DIALOGUE:**

The Internet is huge! Sometimes it's hard to find your way around without taking a wrong turn. The gang gave us some great ways to deal with things we aren't supposed to see online. But the most important thing to remember is that

"IT'S NOT YOUR FAULT!"

If you see anything online that makes you feel uncomfortable, scared or confused, talk to a trusted adult about it so they can help you.

Your Notes:

Slide 6



SLIDE 6 – PRESENTER DIALOGUE:

Now let's learn about Internet Safety Rule #2:

I will ask
My parent or guardian
before sharing
personal information online.

(Now class let's say the rule together!)

Your Notes:

Slide 7

**SLIDE 7 – PRESENTER DIALOGUE:**

“Personal” means it is about you! You want to make sure to keep this information to yourself and only share it with a parent, guardian or trusted adult.

Your Notes:

Slide 8

**SLIDE 8 – PRESENTER DIALOGUE:**

Class, let's name some personal information you should never share online:

(Have class answer first)

- Your age
- Your address
- Where you go to school
- Email address

(These are on the Slide)

Can you think of anything else?

(Pause for response)

- Your name!
- Your parent's name
- Your telephone number
- Favorite park you go to
- Passwords

(These need to be mentioned if the children don't mention them)

No one online has the right to try and find out these things about you. And if they try, you should tell your parent/guardian or trusted adult.

Your Notes:

Slide 9



SLIDE 9 – PRESENTER DIALOGUE:

Talking to other people while you are playing games is fun. Stick to talking about the game.

You do not need to know someone's name or where they go to school to play a game together so don't ever let anyone trick you into talking about "personal things."

Slide 10



SLIDES 10 to 13 – PRESENTER DIALOGUE:

Now we are going to play a game called "What Do You Do".

I am going to give you some examples and you can tell me if you should share or not share.

Slide 11



Example 1: You are watching a video online and suddenly a little box pops up saying you have won a puppy! It says all you need to do to get your free puppy is enter your name and address in the box.

Should you share your name and address? *(Pause for class response.)*

Of course not! It's a pop-up. Remember, pop-ups promise you things just to get you to share your personal information.

Slide 12



Example 2: You are playing a game online with someone you don't know in real life. They tell you they think they go to the same school as you do and ask you the name of the name of your school.

Should you tell them? *(Pause for class response)*

You are right! You should never share personal information. If they keep asking you questions do not play with them anymore before checking with a trusted adult.

Slide 13



Example 3: You are talking to someone you just met online, and they ask you to give them your cell phone number so they can send you a picture of them at Disneyland.

Should you give them your cell phone number? *(Pause for class response)*

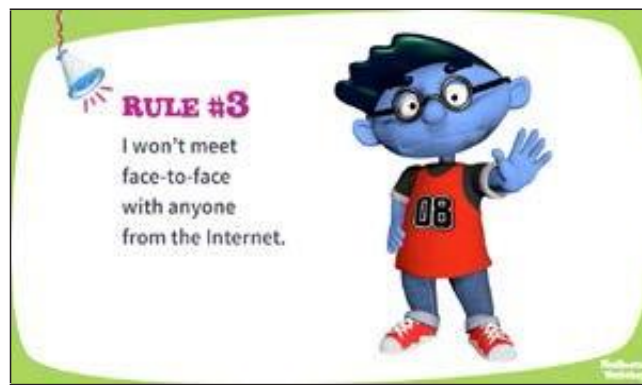
You did a great job! Remember, no one has the right to know your personal information.

And don't forget Rule #1:

**"I will ask my parent or guardian or a trusted adult
before sharing personal information online."**

Your Notes:

Slide 14



SLIDES 14 – PRESENTER DIALOGUE:

Now let's look at Internet Safety Rule #3.

I won't meet
face-to-face
with anyone
from the Internet.

(Now class let's say the rule together!)

Your Notes:

Slide 15



(CLICK ON SLIDE 15 TO START VIDEO)

SLIDE 15 – VIDEO DIALOGUE:

Clicky: Hey guys. Making new friends online can be so much fun, but it's important to remember the third rule of Internet safety: I will never meet face-to-face with anyone from the Internet. Let's go through an example to see if you got it.

Clicky: Let's say you made a friend playing a game online. You've been playing with this person for months. The two of you have tons of fun together. They ask to meet you offline so you can play at the park face-to-face. Should you meet them?

Webster: No way! Even if I've been playing with them online for years, I still don't really know them!

Clicky: Good job, buddy.

Webster: Uh, huh! Yeah! Alright!

Slide 16



SLIDE 16 – PRESENTER DIALOGUE:

Clicky is so right! There is something important for you to remember about talking to people online. You don't really know them! Activity 3 will help the class to understand that what they are seeing online is not the same as seeing someone in person.

Activity #3: “You Don’t Really Know Them!”

(10 Minutes)

Activity 3: “You Don’t Really Know Them!” – PRESENTER DIALOGUE

Start by asking the class “Who do you see when they look at me? Next, look stern and ask them “How do I look now?” Next smile at them and ask them “How do I look?” Ask them “How do you know how I look?” Right, because you see me in person.

Tell them that when they are looking at something online you cannot be sure who is really there because you don’t know them!

Pick three students to come forward.

Give the first student the mask with side one of the “Happy Bear” facing forward for the class to see. Tell the class that the picture they are seeing is just is like looking at computer or phone screen, it is not real. Ask them “Who do you see?” Now have the student turn the mask around to show side two of “Mean Bear”. Now ask the class “Who do you see?”

Do the same for the Cat and the Happy Face.

Now have the children take the masks down and see who is there in person. That is why you never meet with anyone you met online because you never really know them!



Side 1



Side 2



Side 1



Side 2



Side 1



Side 2

Download the entire Card Set

Slide 17

**SLIDE 17 – PRESENTER DIALOGUE:**

The last rule of Internet safety is about having good manners online.

Internet Safety Rule #4.

I will always
Use good netiquette
And not be rude
Or mean online.

(Now children let's say the rule together!)

Class this is wonderful because we never want to be rude or mean online.
Has an adult ever told you to say “please” and “thank you,” or to close your mouth when you chew? Why do you think that's important?

(Pause for class response.)

It's important to have manners because you're thinking of other people, not just yourself. Online manners are the same way. They're called netiquette.

Your Notes:

Slide 18



SLIDE 18 – PRESENTER DIALOGUE:

To have netiquette, means to use nice language. That means not using bad words or calling people names. Even if you get upset playing a game, you should always talk to people the way you'd want them to talk to you.

Slide 19



SLIDE 19 – PRESENTER DIALOGUE:

It's sad, but not everyone uses netiquette.
Even when you're being nice, someone may be mean to you online.
And even if you want to say mean things back, don't.
The best thing you can do when someone is being mean to you online is to tell a trusted adult.

They may be able to help you report it, or they can just listen and comfort you.

Slide 20

**SLIDE 20 – PRESENTER DIALOGUE:**

If someone is being “mean” to you online or saying bad things, it could be cyberbullying.

You need to tell a trusted adult right away so they can help you.

Your Notes:

Slide 21



(CLICK ON SLIDE 25 FOR CLOSING VIDEO)

SLIDE 21 – VIDEO DIALOGUE:

Webster: Man! I can't believe it's over already. I hope you guys had fun!

Clicky: And learned something.

Webster: Oh, right and learned something!

Nettie: Yeah! You guys are so smart. You'll have no problem remembering the four rules of Internet safety.

Clicky: That's right! You guys are the best! Be sure to thank your presenter. Weren't they awesome?

Clicky: It was nice to meet you guys. Don't forget to use your NetSmartz and be safer online. Bye!

Nettie: Goodbye!

Clicky: Come on, Webster!

Nettie: Webster!

Webster: Bye!

Take Home Activity: “You Don’t Really Know Them!”**(10 Minutes)**

Distribute “My Rules for Internet Safety Activity #3 to each student.

To print out handout, [click here](#).



Let's review the four Internet Safety Rules we learned today.

Rule 1: I will tell my trusted adult if anything makes me feel sad, scared or confused.

Rule 2: I will ask my trusted adult before sharing information like my name, address and phone number.

Rule 3: I will NOT meet face-to-face with anyone from the Internet.

Rule 4: I will always use good netiquette and not be rude or mean online.

If you promise to follow the Rules sign your name at the bottom of the page and take this home and share it with your parent or guardian and they can sign it too.

End the lesson with a prayer

“God wants us to be safe and healthy. God even gives us a Guardian Angel to watch over us. When we think about the Safety Rules and personal boundaries, we can ask our Guardian Angel to help us remember the rules. So, let us pray together for our Guardian Angel to watch over us and keep us safe.”

Angel of God,
My guardian dear,
To whom God's love entrusts me here.
Ever this day be at my side.
To light, to guard, to rule, to guide.
Amen.

Internet Safety: Activity #1

Circle the things that you use to go online.

A



Cell Phone/Smartphone

B



iPad/Tablet/Chromebook

C



Computer/Laptop

D



Smartwatch

Circle the things that you are allowed to do online.

1



Play Games

2



Watch YouTube

3



Listen to Music

4



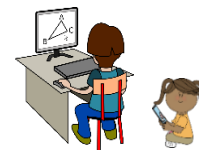
Google

5



FaceTime/Skype

6



Do Homework/Read

7



Take Pictures

8



Talk to People

9



Anything Else?

My Rules for

Internet Safety

I will use the Internet responsibly. That means making smart decisions about what I look at, who I talk to, and what I say. I pledge to be safer online by following these rules:



1

I will tell my trusted adult if anything makes me feel sad, scared, or confused.

2

I will ask my trusted adult before sharing information like my name, address, and phone number.

3

I won't meet face-to-face with anyone from the Internet.

4

I will always use good netiquette and not be rude or mean online.



signed

signed