16th Sunday of Ordinary Time FATTH & HOWE July 20th, 2025

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First Reading: Genesis 18: 1-10a **Responsorial Psalm:** Psalm 15: 2-3, 3-4, 5 **Second Reading:** Colossians 1: 24-28 **Gospel** Luke 10: 38-42

Full readings can be found here!

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking HERE. (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking HERE. (YouTube, John Hilton III channel, 3:25 min)

Children can also watch a video proclamation of the Gospel by clicking HERE. (YouTube, Saddleback Kids, 1:17 min.)

2. PRAY

Gather with your family to go over the reflection for this Sunday's Gospel. One adult from the group makes the following statement: We are busy all the time... when do we sit with Jesus? Where in your home do you make room for Jesus?

Next, encourage each family members to find a quiet space where they can listen to Jesus. Maybe the best place is in each person's room, where they can create a holy space to spend time with Jesus. You can make it comfortable with pillows, a battery-operated candle, and a Bible. You want this to be a place you can visit often. This can be a place where you can sit with Jesus, like Mary in the Gospel.

Once each person is in their room, they can follow these short instructions:

- Sit comfortably.
- Close your eyes (if comfortable) and rest your arms in your lap.
- Ask Jesus one question you always wanted to ask him, or here's a question you may use: Jesus, can you show me the ways you love me?
- Listen with your heart to what Jesus wants you to know. Jesus can talk to us in many ways. Maybe you have a feeling of peace, joy or you feel a stirring in your heart. This may be how Jesus is speaking to you.
- It is OK if you don't "hear" anything now. Just stay with Jesus.

Once the prayer time is over, gather with your family again.



3. TALK

After a short time, invite all to gather in the main room of your house. Ask each one to share with the group what happened when you sat with Jesus in your holy place. You may ask these guiding questions: What did you experience? How was Jesus present to you during this time? Did you see, feel or hear anything from Jesus?

Gently encourage all to share their experience with your family. Close this time with a "Glory be..."

If you have small children in your home, they can listen to a song as an optional activity: <u>HERE</u>



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Archdiocese of Los Angeles

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