Pentecost Sunday June 8th, 2025

FAITH @ HOWE

Pentecost Sunday

First Reading: Acts 2: 1-11

Responsorial Psalm: Psalm 104:1,24,29-30,31,34 **Second Reading:** 1 Corinthians 12: 3b-7,12-13 or

Romans 8: 8-17

Gospel John 20: 19-23 or John 14: 15-16, 23b-26

Full Readings can be found here!

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking HERE. (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking HERE. (YouTube, WOG channel, 1:06 min)

Children can also watch a video proclamation of the Gospel by clicking HERE. (YouTube, #BibleMovies #Gospel #Pray, 1:02 min)

2. PRAY

Find a quiet space to gather in prayer together. Start your prayer time by calling to mind the presence of God in this space. Ask the Holy Spirit to be with you in your prayer. You can do this by simply saying "Come, Holy Spirit" or if you'd like, use this short prayer given to us by Pope Francis:

"Holy Spirit, make my heart open to the word of God, make my heart open to goodness, make my heart open to the beauty of God every day"

Now, take some time to reflect on the gifts you see present in your life, the gifts that have been given to you by God, through the Holy Spirit. Think of the good things other people notice about you.

Maybe you are patient with others, maybe you can lead others, or give joy to others through music or storytelling, maybe you have a way of bringing others together. As they come to mind, write them down and thank God for those gifts.

Finish your prayer by saying the Holy Spirit prayer of St. Augustine together:

Breathe into me, Holy Spirit, that my thoughts may all be holy.

Move in me, Holy Spirit, that my work, too, may be holy.

Attract my heart, Holy Spirit, that I may love only what is holy.

Strengthen me, Holy Spirit, that I may defend all that is holy.

Protect me, Holy Spirit, that I may always be holy.

3. TALK

In today's Gospel we hear that Jesus loves us so much, that he sends us the Holy Spirit to be with us always. It is through the Holy Spirit that we are filled with the power to do extraordinary things. While these gifts



present themselves differently in each of us, they are meant to be shared with one another in service to God. In your prayer, you took some time to reflect on what these gifts look like in your life. Share your thoughts with those around you using the questions below.

- What gift do you find present in your life and how have you used that gift?
- How might you be called to share that gift in a new way today?
- Can you recognize a gift you see in someone else?



Archdiocese of Los Angeles