

4th Sunday of Lent  
Sunday, March 30th 2025

# FATH @ HOME

## 4th Sunday of Lent

**First Reading:** Joshua 5:9a, 10-12  
**Responsorial Psalm:** Psalm: 34:2-3, 4-5, 6-7  
**Second Reading:** 2 Corinthians 5:17-21  
**Gospel:** Luke 15:1-3, 11-32

Full readings from USCCB [HERE](#)

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## 1. HEAR

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Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#).

(Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#).

(YouTube, WOG channel, 4:05 min.)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#).

(YouTube, Saddleback Kids channel, 4:42 min.)

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## 2. PRAY

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Gather with the people in your home in a comfortable room or place in the house. Provide a copy of the Litany of Humility for everyone present. *(Ask someone to read the text of the litany and invite the rest to say the responses out loud.)*

**O Jesus, meek and humble of heart:**

**Lord, hear us!**

From the desire of being loved:

*Deliver me, O Jesus.*

From the desire of being praised:

*Deliver me, O Jesus.*

From the desire of being liked more than others: *Deliver me, O Jesus.*

From the desire of being approved: *Deliver me, O Jesus.*

From the fear of being humiliated: *Deliver me, O Jesus*

From the fear of being hated: *Deliver me, O Jesus.*

From the fear of being forgotten: *Deliver me, O Jesus.*

From the fear of being wronged: *Deliver me, O Jesus.*

That others may be loved more than I: *Jesus, grant me the grace to desire it.*

That others may be chosen and I set aside: *Jesus, grant me the grace to desire it.*

That others may be praised and I go unnoticed: *Jesus, grant me the grace to desire it.*

That others may become holier than I, and that I may become as holy as I should:

*Jesus, grant me the grace to desire it.*

That others may be loved more than I:

*Jesus, grant me the grace to desire it.*

**Optional: if desired, an instrumental song can be played in the background.**

After a short pause, ask all to listen to the following questions and pick one to reflect on:

- Where God is calling me to return to him, much as the prodigal son of the parable?
- Where in my life is there a need for me to place others before me?

Allow for a brief pause for each person to ponder the questions. Next, ask them to pair with another person and share their answer to the question they identify with.

Once all have shared, close this time of prayer by having all present read the following:

*Love is patient, is kind; love does not envy, is not pretentious, is not puffed up, is not ambitious, is not self-seeking, is not provoked; thinks no evil, does not rejoice over wickedness, but rejoices with the truth, bears with all things, believes all things, hopes all things, endures all things.*

*(1 Cor. 13:4-7).*

*Optional activity: listen to a sung version of the Prayer of St. Francis by clicking [here](#).*

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### 3. TALK

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In today's gospel, Jesus tells a beautiful parable with 3 main characters:

- The forgiving father, who patiently waits for the younger son's return and welcomes him into his home with open arms...
- The younger son, who recognized he had made mistakes and decided to humble himself and seek reconciliation with his father...
- The older son, who stayed with the father but acted selfishly when his younger brother...

Looking at each of the main characters in the parable, who do you most identify with and why? *Allow some time for anyone who wants to share with the rest who they picked.*

In the parable, the older son stayed outside the home, grumbling against his brother and his father while they were celebrating. Put yourself in the shoes of the character you've chosen and think about what you would do next in the story from that point on.

Use these questions as a guide:

- If you identify with the father, how would you try to reconcile your two sons?
- If you identify with the younger brother, would you go outside and join your father and older brother. What would you say to them?
- If you identify with the older brother, how do you respond to the father's invitation to join the party?

Next, share with each other how you would continue to tell the rest of the story based on the character chosen.

