

6th Sunday in Ordinary Time
February 16th, 2025

FATH @ HOME

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First Reading: Jeremiah 17:5-8
Responsorial Psalm: Psalm 1: 1-2, 3, 4 & 6
Second Reading: 1Corinthians 15: 12, 16-20
Gospel: Matthew 5: 17-37

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#).

(Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (Link has all of the readings, the Gospel can be heard at 4:08 "YouTube, Daily Mass Bible Readings, 5:42min".)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#). ("YouTube, Gospel Readings for Kids, 2:23 min".)

2. PRAY

Take some time to reflect on your own with the following questions:

Where in my life am I Poor? / Where am I rich?	
Where in my life am I hungry? / Where have I been satisfied?	
Where in my life have I wept? / Where have I laughed?	
Where in my life have I experienced hate? / Where have people spoken well of me?	

After taking some time to reflect individually, turn to someone near you and ask: "what do you need prayers for in light of the reflection?"

Repeat the process so both individuals have time to give and receive a prayer.

3. TALK

In today's Gospel, Jesus gives us a roadmap of how to orient our lives to grow closer to him. While these teachings may be familiar to us, they may be speaking to us in a new way today. Share with each other the following questions:

- What in your life do you need to let go of to fully trust in God?
- What is God stirring in your heart right now?
- What small changes can you make to live life differently in light of your reflection?

