

1st Sunday of Advent
December 1st, 2024

FAITH @ HOME

1st Sunday of Advent

First Reading: Jeremiah 33: 14-16
Responsorial Psalm: Psalm 25:4-5, 8-9, 10, 14
Second Reading: 1 Thessalonians 3:12—4:2
Gospel: Luke 21:25-28, 34-36

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the reading. Don't have one? You can find the text [here](#).

[Click here](#) to see a video of the Gospel
[Click here](#) to see a video of the Gospel for children.

2. PRAY

Jesus reminds us in the gospel to be vigilant and pray.
So, let's make this time of Advent, a time of intentional prayer.

What is Advent?

The season of Advent (from the Latin word "adventus," meaning "coming") is the time of preparation for the birth of Christ.

Why Advent?

It is a time of longing and waiting for his 'coming'. It should be a time filled with joy when we ponder the gift of God's love, open our hearts to receive and open our hands to give. Advent begins the liturgical year. It begins on the Sunday closest to the last day in November.

How can I prepare my home and my heart?

We invite you to create a prayer space in your home where you have an Advent wreath and a handmade manger. You can get as creative as you'd like to make it a prayerful experience.



Every week, place a written intention/petition on a strip of paper and place it in the manger before lighting the Advent candle. On Christmas day, place baby Jesus in your manger of collected prayers and intentions, where we will rejoice in the coming of Emanuel.

[Here is a link with additional resources](#) to use during the Advent season.

3. TALK

Gather with a family member or friend.

The first candle we light during Advent is the candle of HOPE.

As you reflect on the intention you wrote down on the paper, what is the hope for that intention?
Example: *I hope for healing of my family member.*

Have a conversation with a family member or friend about the intention. In what way do you want Jesus to intercede for this intention?



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Archdiocese of Los Angeles

Office of Religious Education

ore@la-archdiocese.org; www.lacatholics.org/religious-education