



# VISION *faith* SKILLS *formation*

Archdiocese of Los Angeles  
Office of Religious Education

## ***Vision and Skills for Faith Formation (VSFF)***

A formation based on the philosophy of missionary discipleship, accompaniment with adults at the center and the catechumenate model for catechesis.

This formation builds on the process of accompaniment introduced and modeled in the **One Mission One Faith (OMOF)** basic formation. Each participant will be paired with a mentor-companion and assigned to a small group of mentees-companions in ministry. Together they will journey through the process aimed to gaining the vision and presenting skills for making missionary disciples. The terms 'mentor-companion' and 'mentee-companion' are used to distinguish roles and acknowledge the reciprocity of companionship along the way.

**VSFF** is an 8-week training opportunity for anyone involved in Faith formation programs in their parish. It will equip leaders with the knowledge and skills to be witnesses of the faith and to accompany those they serve (adults, families, young adults, youth, and children) in their journey of missionary discipleship with adult faith formation at the center.

**Prerequisite for certification (re):** Completion of One Mission One Faith before attending this course. **VSFF** is the second phase in the process of becoming a certified catechist. **VSFF as ongoing formation**, participants in any parish ministry can take the course for enriching purposes.

### **FORMATION COMPONENTS:**

**VSFF** is composed of Zoom Live sessions and online sessions. The components of each session are prayer, presentations, video recordings, readings, online forums, group projects, small-group conversation, etc.



# Vision and Skills for Faith Formation Overview of Content

## Phase II for Catechist Formation

A hybrid (combine) formation program with online and Zoom live sessions.

All Zoom Live and Online sessions are integral to the course and build on each other, all are required.

Any missing Zoom live session will need to be made up in a future cohort.

Online sessions run for one week each; participants can access the content and complete the work at their own pace during each week.

## OUTLINE

**Session 1 Introductions and Mission of the Church** (Mission, Discipleship, Evangelization, Catechesis, Accompaniment in the process of Evangelization, Attentive Listening, and Dialogue, etc.)

**Session 2 Root of all Catechesis in Adult Formation**, Catechumenate Model for all catechesis, Mystagogy, Pedagogy, Andragogy, etc.

**Session 3 Accompaniment through Ages and Stages** (Getting to know the generations, Human Development Theories, Followers Stages of Faith, Pastoral Guidelines for Catechesis with Different Groups.

**Session 4 Understanding How We Learn**, Learning Styles, Gardner's Theory, Multiple Intelligences, Adults at the Center of Evangelization and Catechesis, Evaluation, Assessment and Feedback as tools for learning.

**Integration Session** Prayer, small-group conversation and process to integrate online session.

**Session 5 Facilitation & Teaching with the People We Serve**, Effective facilitation, Functions of a facilitator, Facilitation and accompaniment, teacher and educator, virtual facilitation, the art of questioning.

**Session 6 Processes for Integrating Learning** as Ministry Leaders (Faith Formation Strategies, Catechetical Method, collaboration, diversity, synodality

**Session 7 Laboratory of Learning** Process for integrating skills.

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