#### 17th Sunday in Ordinary Time July 28th, 2024

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First Reading:2 Kings 4: 42-44Responsorial Psalm:Psalm 145: 10-11,15-16,17-18Second Reading:Ephesians 4: 1-6Gospel:John 6: 1-15

Full Readings can be found here!

# **1. HEAR**

Grab your bible and look up the reading. Don't have one? No worries you can find the text <u>HERE</u>

Watch a Proclamation of Gospel <u>HERE</u> (Gospel Reading ends at 2:06)

Watch a children's video of the proclamation of the Gospel <u>HERE</u>

# 2. PRAY

Find a space where you can "recline" like the crowd in Gospel. For today's prayer, like Jesus, we invite you to be out in nature.

Specifically find a space where you can see a mountain or lay on grass as the crowd in the Gospel did. Be present with what you see, hear, feel, smell around you. After a few minutes, repeat this line from the psalm as many times as it feels right:

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media. Let all your works give you thanks, O LORD, and let your faithful ones bless you.

FATTH @ HOME

We invite you to finish your time of prayer by giving thanks to Jesus for the ways He has provided in your life today.

**Dive deeper**: Find space to repeat this process each day this week. Jesus is calling you to rest so that He can move!

## **3. TALK**

Jesus called the 5,000 to recline, then he provided. Share with those around you what surfaces with the following questions:

- How have I seen Jesus multiply what I have been given?
- Where in my life am I being called to trust that God will multiply?
- What gifts can I give to Jesus for him to multiply?



## Archdiocese of Los Angeles Office of Religious Education



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