

#### **2nd Sunday of Easter**

 First Reading:
 Acts 4: 32-35

 Responsorial Psalm:
 Psalm 118: 2-4, 13-15,

 22-24
 John 5: 1-6

 Gospel:
 John 20: 19-31

#### Full Readings can be found here!

### **1. HEAR**

Use your bible to look up today's Gospel reading. If you don't have a Bible, you can find the Gospel reading <u>HERE</u>.

If you prefer, you can watch <u>this video</u> of the Gospel reading.

If you have children, you might prefer to watch <u>this video</u> of the Gospel reading.

## 2. PRAY

In today's Gospel, Jesus tells Thomas, "do not be unbelieving, but believe." Jesus desires that we believe and is willing to do whatever is necessary to help us to believe.

Sit quietly to begin your time of prayer and ask Jesus to show you the ways in which you struggle to believe. What are the obstacles that are making it difficult for you to believe? Talk with Jesus about these obstacles. Tell him what you need so that you can believe. How is Jesus responding to you? Take some time to listen for his response.

Listen to Jesus saying to you, "*Peace be with you*." Spend a few minutes resting in his peace.

### **3. TALK**

Share with your family or a close friend:

- What do you think it was like for Thomas to hear from the other Apostles telling him that Jesus had just appeared to them while he was gone? What do you think Thomas was feeling? Thinking? What do you think made it hard for him to believe Jesus is alive?
- In what ways can you relate to Thomas' experience? What makes it hard for you personally to believe that Jesus is alive?



# **LA** Catholics

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