

5th Sunday of Lent
March 17th 2024

FATH @ HOME

ACCOMPANYING JESUS THIS LENT

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First Reading: Jeremiah 31: 31-34
Responsorial Psalm: Psalm 51: 3-4,12-13,14-15
Second Reading: Hebrews 5: 7-9
Gospel: John 12: 20-33

Find readings [HERE](#).

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#).

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (John 12 20 33 YouTube, 2:19 min)

The children can also watch a video proclamation of the Gospel by clicking [HERE](#). (Abundance, YouTube, 2:15 min)

2. PRAY

Find a space in your home, either by yourself or with your family. Read the bible passage from today's Gospel listed in the previous section (or have someone read it to the whole group). Spend some time in silent reflection. Pay attention to Jesus' words and let the Spirit stir in your heart what God is trying to communicate to you. Feel free to journal or draw what is coming up for you.

"Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit."
(Jn 12:24)

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media.

(If you desire, listen to instrumental music during your reflection time. We offer you this song as an example: [Psalm 95: Come Worship the Lord](#) - John-Michael Talbot, YouTube, 4:25 min)

To close this time of prayer, give thanks to God for this time of quiet prayer/reflection.



3. TALK

In today's Gospel, we hear Jesus inviting us to die to our likes, our desires, our needs, in order to serve others and give glory to God. As we approach Holy Week, this is an important time to prepare ourselves for the new life Jesus will be giving to us with his passion, death and resurrection.

Take time to recall and share with another person, a situation where you must die to yourself in order to put the needs of another before your own. How is God inviting you to respond in that situation?

Close this time of sharing by praying together the whole group (family) to recite the Prayer of Generosity (by St. Ignatius of Loyola).

Eternal Word, only begotten Son of God,
Teach me true generosity.
Teach me to serve you as you deserve.
To give without counting the cost,
To fight heedless of wounds,
To labor without seeking rest,
To sacrifice myself without thought of any reward
Save the knowledge that I have done your will.
Amen.