

4th Sunday of Lent
March 10th 2024

FATH @ HOME

ACCOMPANYING JESUS THIS LENT

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First Reading: 2Chronicles 36: 14-16,19-23
Responsorial Psalm: Psalm 137: 1-2,3,4-5,6
Second Reading: Ephesians 2: 4-10
Gospel: John 3: 14-21

Find all readings [HERE](#).

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#).

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (*Share Your Catholic Faith, YouTube, 1:44 min*)

The children can also watch a video proclamation of the Gospel by clicking [HERE](#). (*Gospel Readings for Kids - MisterD418, YouTube, 3:05*)

2. PRAY

In today's Gospel, we hear Jesus telling us that he is the love of God given to us, and we find salvation in him. During this Lenten season, we have been walking with Jesus in a journey of conversion towards new life. Take time to think about the ways you have experienced the love of God in your life, for example, through your family, your friends, your neighbors, your community, etc. Then, reflect on these questions:

1. How have I responded to the love of God in my life?
2. How have I welcomed the love of God, shown to me in the actions of others?

(If you have small children in the house, ask them to draw a picture of how the love of God is present in their life.)

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media.

Take a moment of silence to ponder those questions in your heart. Children can make their drawing at this time.

To close this moment of prayer, have the children share their drawing with the rest of the family. Next, ask the family to recite together the Our Father.

3. TALK

During Lent, we remember that we have walked away from the love of God, just like the Israelites exiled in Babylon remembered their life with God in Jerusalem. Jesus is the light and came to bring the light into the world, but sometimes we prefer to walk in darkness. When was there a time when you rejected the light? When was there a time you chose to be in the light?

Go around the room and invite everyone to share their answer to either question. When all have shared their answers, ask each member of the family to select one person from the group. Next, they would either pray for the person they selected to receive strength to follow Jesus closely or use words to affirm their desire to follow the light of Jesus.

When finished, an adult reminds the family that we are all called to continue practicing the three pillars of Lent (prayer, fasting, almsgiving) and ask them to make a commitment this week to share the light of Jesus with someone they know, such as a friend, neighbor or relative.

