

3rd Sunday of Lent
March 3rd 2024

FATH @ HOME

ACCOMPANYING JESUS THIS LENT

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First Reading: Exodus 20: 1-17
Responsorial Psalm: Psalm 19: 9,10,11
Second Reading: 1Corinthians 1: 22-25
Gospel: Jhon 2: 13-25

[Full readings here](#)

1. HEAR

Use your bible to look up today's Gospel reading. If you don't have a Bible, you can find the Gospel reading [HERE](#).

If you would like, you can watch [this video](#) which proclaims this week's readings with images.

If you have children, you might prefer to watch [this video](#) which helps children understand this week's readings and illustrates the Gospel.

2. PRAY

In the first reading, the 10 Commandments are given to God's chosen people so that they may live their lives focused on the beliefs and values God presents to them.

During your time of prayer, ask God to show you how your own values, beliefs and truths align with those from God.

As you pray, share with God where you struggle to live your life based on the truth of His Word. Ask God to guide you in living a full life in Him.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media.



3. TALK

The 10 Commandments describe actions we can take to express our love and honor to God and others. Commandments 1-3 may be referred to as the "Loving God Commandments". As we live out these commandments, we build our relationship with God making Him the center of our lives.

- What changes can I make this Lent to fully live out these commands from God?

Commandments 4-10 may be referred to as the "Loving Thy Neighbor Commandments". Reflect on which of these commandments can strengthen your relationships with family, friends and your community at school or work.

- When do I hesitate to love my neighbor?

Gather as a family to write your own set of "Family Commandments" with the aim of identifying your family's values and priorities to reflect how God calls you to love and serve each other while placing Him at the center of family life.