

5th Sunday in Ordinary Time
February 4th, 2024

Faith @ Home

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First Reading: Job 7: 1-4, 6-7
Responsorial Psalm: Psalm: 147: 1-2, 3-4, 5-6
Second Reading: 1Corinthians 9: 16-19,22-23
Gospel: Mark 1: 29-39

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the reading. Don't have one? No worries you can find the text [HERE](#) (Spanish version on the 2nd page)

Watch the Proclamation of Gospel Video [HERE](#)

Watch a children's video of the proclamation of the Gospel [HERE](#)

2. PRAY

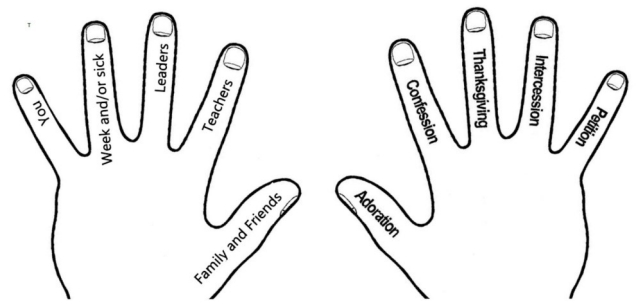
What a beautiful thing that we can have a community to pray with! During today's Gospel, we hear of Jesus' healing power given to him by God. Jesus took time for private prayer with God. It's how he was able to heal and convert hearts.

As we build our relationship with God, prayer is always at the center. Through prayer, we can get to know how God desires to build the Kingdom here on earth with us. He can guide us and give us direction for the next step.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media.

Take this time to pray alone. Go to a place where you feel God's presence and with no distractions.

If you don't know where to start, here are a couple of ways...



3. TALK

Gather as a family and talk about the ways in which your family prays together (at Mass, grace before meals, bedtime prayers). Invite each member of the family to talk about his or her private prayer:

- When do you pray?
- Where do you pray?
- How do you pray?
- What do you pray for?
- What guidance have you received from God in prayer?