

Archdiocese of Los Angeles Office of Religious Education

The Archdiocese of Los Angeles is a tapestry of many peoples and cultures with a common thread joining us as one: one mission to proclaim the Gospel of Jesus Christ and one Catholic faith to be believed, celebrated, and lived. **One Mission, One Faith** is a basic ministry formation process for anyone who serves in the life of the Church.

The goal of **One Mission**, **One Faith** is growth as a missionary disciple of Jesus Christ and formation as a parish minister. Participants will ground their ministry in a deeper understanding and intentional living of their Catholic faith. Participants can earn a certification from the Archdiocese of Los Angeles (Certification-Track), or they can participate simply for their ongoing development (Enrichment-Track).

## PARTICIPANTS WHO COMPLETE THIS PROCESS WILL:

- Grow in love and knowledge of God
- Understand the Word of God and basic Catholic teachings
- Integrate the Word and Catholic teaching with life, prayer, and ministry
- Develop skills to serve effectively in ministry
- Share their faith in Jesus Christ with greater clarity and confidence

## EACH SESSION ENTAILS:

- Video presentations
- Readings
- Written reflections
- Prayer and small-group conversation (via live web conference)
- Accompaniment by a team of facilitators



# **OVERVIEW OF SESSIONS**

The process occurs over five months, one session per week. It is a hybrid (combine) formation program with online and Zoom live sessions. Integration sessions for prayer, small-group conversation, process learned material and Q & A.

Session 1: Welcome: Process Overview, Group Introductions, Journey of Faith (Pilgrimage)

### UNIT 1: MISSION

Session 2: Discipleship: Encounter with Jesus, Discipleship, Missionary Discipleship, How Do we Pray, Theological Reflection. Prayer focus: Reflection on one's baptism, Discipleship.
 Session 3: Evangelization: Process of Evangelization (Pre-evangelization, Proclamation, Catechesis, and Formation for Mission), the New Evangelization and accompaniment: Prayer focus: Evangelization and Lectio Divina

Integration 1 Discipleship and Evangelization sessions integration. Focus Prayer: Lectio Divina

## UNIT 2: BELIEFS

**Session 4: Faith:** Divine Revelation, Scripture and Tradition, Faith and reason, Creeds **Session 5: Bible:** Bible Basics, Authorship, Inspiration, Literary Forms, Principles of Catholic Biblical Interpretation.

**Session 6: God's Story:** Introduction to Old Testament, Introduction to New Testament, Acts of the Apostles and sharing the Gospel.

**Integration 2:** Scripture sessions integration Focus prayer: Jesus' Prayer and Prayer from the Heart.

**Session 7: Jesus:** Who is Jesus, Titles of Jesus, True God and True Man, Kingdom of God, the Lord's Prayer

Session 8: Salvation: Paschal Mystery, Salvation, Last Things

Session 9: Spirit: Trinity, Holy Spirit, Gifts, Fruits and Charisms of the Holy Spirit

Session 10: Church: Church, Marks and structure of the Church, Mary and the Saints

**Integration 3:** Sessions 7 to 10 integration. Prayer focus: Praying in color (Lectio) and Litany of Saints.



# **OVERVIEW OF SESSIONS (cont...)**

### UNIT 3: WORSHIP

**Session 11: Liturgy:** Principles of Liturgy and Sacraments, Liturgical Year, Liturgy of the Hours. **Session 12: Sacraments:** Sacraments of Initiation, Sacraments of Healing, Sacraments of Service, Christian Initiation as model for Catechesis.

Session 13: Eucharist: This is my Body, Real Presence, Source and Summit, the Mass.

Integration 4: Sessions 11 to 13 Integration Process, Prayer Focus: Liturgy of the Hours

#### UNIT 4: LIFE

Session 14: Grace: The Dignity of the Human Person, Image of God, Grace, Sin
Session 15: Love: Principles of Christian Moral Life, Great Commandment,
Ten Commandments, Beatitudes
Session 16: Holiness: Conscience Formation, Moral Decision-Making, See, Judge, Act,
Pastoral Circle, Virtue
Session 17: Justice: Principles and Themes of Catholic Social Teaching, Scripture and
Tradition in CTS, Justice and Charity

Integration 5: Unit 5 sessions integration. Prayer Focus: The Examen and Visio Divina

#### UNIT 5: MINISTRY

**Session 18: Vocation:** Ministry, Discernment, and Charisms. Prayer Focus: Prayer Facilitation, and Prayer of the Holy Spirit.

**Session 19: Relationships** Ecumenism, interreligious dialogue, Hospitality and Prayer Facilitation. Prayer Focus: Humility and PACT Prayer, (Prayer Spirituality)

**Session 20: Leadership:** Collaboration, Conflict Resolution, Communication, Servant Leadership. Helping Others to Pray. Prayer Focus: Integrating Catholic Prayer Spirituality (prayers learn in OMOF) and Liturgy of the Hours the Compline.

**Final Integration:** Integrating OMOF content, Sessions recap, scape room process, participants affirmation. Prayer Focus: Intercessory Prayer, Sending Forth and Divine Mercy

