

30th Sunday in Ordinary Time
October 29th 2023

Faith @ Home

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First Reading: Exodus 22: 20-26
Responsorial Psalm: Psalm 18: 2-3,3-4,47,51
Second Reading: 1 Thessalonians 1: 5c-10
Gospel: Mathew 22: 34-40

[Find today's readings here](#)

1. HEAR

Use your bible to look up today's Gospel reading. If you don't have a Bible, you can find the Gospel reading [HERE](#)

After you have read the Scriptures, you may watch a [video](#) with a reflection for adults on the meaning of today's Gospel.

If you have children, you might prefer to watch [this illustrated video](#) of the Gospel reading.

2. PRAY

Place yourself in the presence of God. Close your eyes, relax your body, and ask the Lord to speak to you through this prayer. Breathe in the unique and powerful love offered to you and breathe out any distractions that might cloud your mind.

Read through the Gospel passage. Imagine yourself among the crowds (the scholars/teachers) that had gathered to hear Jesus. You are standing in the crowd listening.

Hearing him how do you respond to Jesus? How is Jesus inviting you to follow the two greatest commandments in your daily life?

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media.

3. TALK

Share with your family or a friend:

God created you out of love and for love. How do you love yourself as you love your neighbor? How do you love yourself as God loves you? How do you love your neighbor as God loves you?

Take some time to affirm one another. Tell each other "One thing I love about you is..." As you hear this statement for yourself simply receive it and say "Thank you"

