

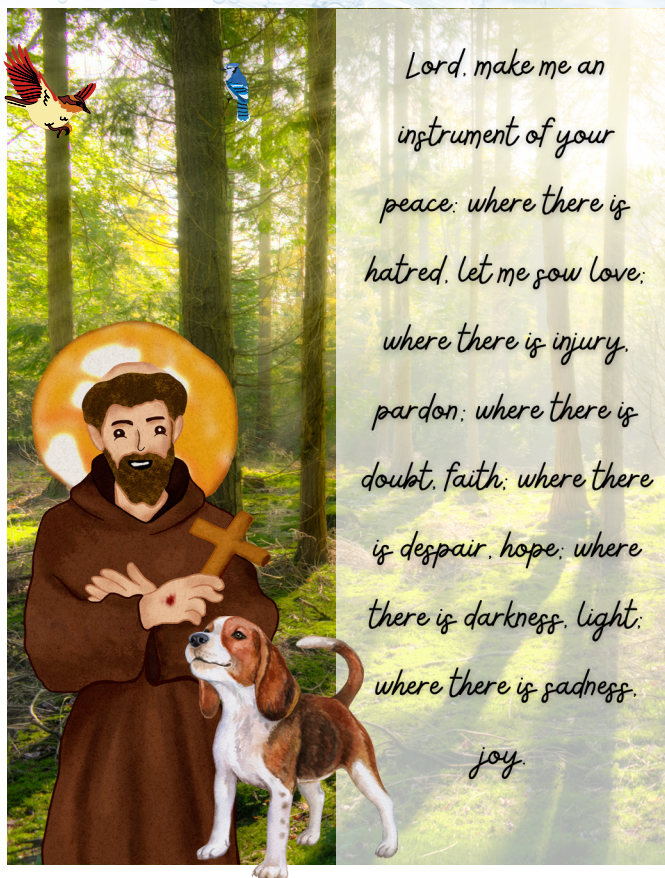


Your Partner In Mission

News from the Archdiocese of Los Angeles
Office of Religious Education

September - October

2023



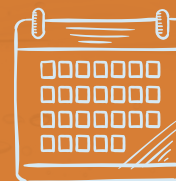
*Lord, make me an
instrument of your
peace: where there is
hatred, let me sow love;
where there is injury,
pardon; where there is
doubt, faith; where there
is despair, hope; where
there is darkness, light;
where there is sadness,
joy.*

FROM THE REGIONAL COORDINATORS

We are so excited to share the dates for our 2023 Regional Congresses. Registrations are now open, and we look forward to seeing PCLs, catechists, church ministers, and clergy join us for one or all of our Regional Congresses.

FOR DETAILED INFORMATION GO TO: lacatholics.org/regional-congress/

Upcoming Events



- September 4** Last day to register for Advanced Catechists Course (SPANISH)
- September 16** CBI begins New Testament Year
- September 23** Young Adult Fall Kick-Off
- September 23** Holy Fire
- September 23** Catechist Formation - Contemplative Spirituality
- September 24** Advance Ministry Studies Class
- September 28 & 29** Workshops for Catechesis w/ Special Needs: PCLs, Catechists & Families
- September 30** Taller para catequistas sobre tecnologia y biblia
- October 5-7** On the Road: A Regional Symposium Series
- October 7** San Pedro Regional Congress
- October 14** VIRTUAL San Fernando & Our Lady of Angels Regional Congress
- October 14** CBI- Gospel according to Mark
- October 21** San Gabriel Regional Congress
- October 28** Santa Barbara Regional Congress

Save the Date 



Regional CONGRESSES

Register now! Information at lacatholics.org/regional-congress/



San Pedro Regional Congress

OCT. 7, 2023

St. Joseph High School 5825 Woodruff Ave., Lakewood, CA

Register online at:

lacatholics.org/2023/03/27/san-pedro-regional-congress/

REGISTRATION NOW OPEN



Bi-Regional Virtual Congress

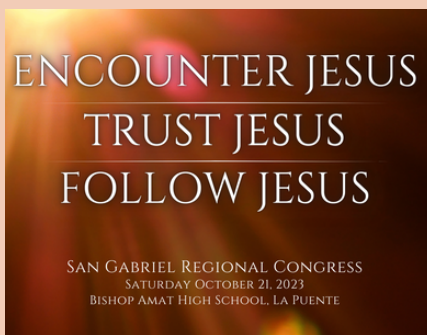
OCT. 14 2023

ONLINE Our Lady of the Angeles and San Fernando Region

Register online at:

lacatholics.org/2023/03/27/virtual-regional-congress/

REGISTRATION NOW OPEN



San Gabriel Regional Congress

OCT. 21, 2023

Bishop Amat High School 14301 Fairgrove Ave, La Puente, CA

Register online at:

lacatholics.org/2022/06/02/san-gabriel-regional-congress/

REGISTRATION NOW OPEN



Santa Barbara Regional Congress

OCT. 28, 2023

St. Bonaventure High School 3167 Telegraph Rd, Ventura, CA

Register online at:

lacatholics.org/2022/06/02/santa-barbara-regional-congress/

REGISTRATION NOW OPEN



We are delighted to announce the release of the RECongress 2024 schedule! Get ready to be inspired, renewed, and embraced by the powerful themes of Your Path Awaits on Youth Day and Be Loved! during the Adult Days. To help you share your excitement and spread the word within your community, we've created promotional materials just for you! Visit our website to download flyers, social media posts, and more.

The liturgies at RECongress embrace the multicultural diversity found in the vibrant communities of the Archdiocese of Los Angeles. Join us in the spirit of grateful prayer as we celebrate diverse cultural expressions and encounter the presence of Christ among us.

Registration opens this fall. Enjoy all that RECongress has to offer for just \$35 on Youth Day and \$75 for the Adult Days. Pricing increases to \$40 and \$85 in mid-January.

We look forward to seeing you at the Anaheim Convention Center, February 15-18, 2024!



February 15, 2024
Your Path Awaits
Youth Day
\$35* per participant
Price increases to \$40 mid-January 2024

February 16-18, 2024 | Adult Days
Be Loved!
ĐƯỢC YÊU! | ¡DÉJATE AMAR!
\$75* per participant
Price increases to \$85 mid-January 2024
Aumento de precios en enero de 2024

Celebrating 30 Years



CATHOLIC BIBLE INSTITUTE

NEW TESTAMENT YEAR

2023 - 2024

REGISTRATION NOW OPEN

Enroll now in the Enrichment track or Certification Year 2. Recertification enrollment is also available.

*Register Here
Online!*

Register by
Sept. 15,
2023

CBI NEW TESTAMENT 2023 - 2024

[HTTP://ARCHLA.ORG/CBINEWTESTAMENT2023](http://ARCHLA.ORG/CBINEWTESTAMENT2023)

CBI RECERTIFICATION

[HTTP://ARCHLA.ORG/CBI2023RECERT](http://ARCHLA.ORG/CBI2023RECERT)

CBI is shifting to a two-year cycle from the current one-year cycle.

This means new applicants will be enrolled every two years, rather than every year. This process will begin in Fall 2023.

Open registrations will resume in 2024 for the 2024-2025 year.

FOR MORE INFORMATION,

PLEASE CONTACT **BARBARA MURPHY** AT
BMURPHY@LA-ARCHDIOCESE.ORG

DATES, TOPICS & SPEAKERS

Classes are once a month 9:00 am - 3:30 pm via ZOOM

- 9/16/23 New Testament Introduction & Theology**
Fr. Parker Sandoval, Archdiocese of Los Angeles
- 10/14/23 Gospel according to Mark**
Fr. Brian Meldrum, Sacred Heart Major Seminary, Detroit
- 11/11/23 Gospel According to Matthew**
Dr. Michael Barber, Augustine Institute, Colorado
- 12/2/23 Gospel according to Luke**
Fr. Patrick Mullen, Padre Serra, Camarillo
- 1/27/24 Gospel according to John**
Fr. Felix Just, S.J., Archdiocese of Los Angeles
- 2/24/24 Acts of the Apostles**
Sr. Laurie Brink, Catholic Theological Union, Chicago
- 3/16/24 Letters of Paul I**
Dr. Peter Williamson, Sacred Heart Major Seminary, Detroit
- 4/20/24 Letters of Paul II**
Dr. Peter Williamson, Sacred Heart Major Seminary, Detroit
- 5/25/24 Hebrews, Catholic Letters, & Johanne Letters**
Dr. Michael Barber, Augustine Institute, Colorado
- 6/15/24 Revelation to John**
Dr. Eugenia (Jeanne) Constantinou, Franciscan School of Theology, San Diego





INSTITUTO BIBLICO CATOLICO TU PALABRA

es Vida



FORMACION Y CERTIFICACION DE ANIMADORES BIBLICOS

5 AÑOS

CURSO BASICO DE INICIACION EL ESTUDIO BIBLICO

1 año

Virtuales y presencial en parroquias de la Arquidiócesis de Los Angeles

CURSO INTERMEDIO

1 año

Virtual y en presencial en parroquias

CURSO AVANZADO

2 años

Hibrido (virtual y presencial) en colaboración con Loyola Marymount University

PRACTICA Y MENTORIA DE ANIMADORES

1 año

Capacitacion, mentoría y certificación

SEPTIEMBRE 2023 - JUNIO 2024

CENTROS DE FORMACION BASICA EN PARROQUIAS

Martes 7 - 9 pm

Our Lady of Victory - East LA
St. Margaret Mary Alacoque - Lomita
St. John Eudes - Chatsworth
Sacred Heart - Compton
St. Joseph - La Puente (Hibrido)

Miércoles 7 - 9 pm

Our Lady of Los Angeles - LA Downtown
Divine Savior - Los Angeles
St. Cecilia - Tustin

Jueves 7 - 9 pm

St. Agustin - Culver City
Immaculate Conception - Monrovia
St. Kevin - Los Angeles
Annunciation - Arcadia

Viernes 7 - 9 pm

Sacred Heart - Cudahy
Holy Cross - Los Angeles
St. Lawrence of Brindisi - Los Angeles

Sabado 7 - 9 pm

Our Lady of Loreto - Los Angeles

Virtual

Martes 7 - 9pm
Miercoles 10 am - 12 pm
Jueves 7 - 9pm

Para mas información

Feliciano Tapia

(213) 367-7705



ftapia@la-archdiocese.org



MINISTERIOS CATEQUÉTICOS

Avanzados

Preparese con una formación teológica y ministerial a un nivel más profundo y desafiante, enfatizando aplicaciones pastorales

EL PROGRAMA ABARCA LOS SIGUIENTES CINCO OBJETIVOS DE FORMACIÓN:

Fundamentos Teológicos | Una Catequesis Evangelizadora
Aplicaciones Pastorales en el Ministerio | Metodologías
El Arte del Acompañamiento

PERSONAS CERTIFICADAS PUEDEN SERVIR Y COLABORAR EN COMUNIDADES

- Maestr@s/Formador@s de Catequistas
- Facilitador@s y Formador@s de cursos y talleres
- Coordinador@s de formación
- Líderes de catequesis parroquial **y más!**

INSCRÍBASE ANTES DEL 4 DE SEPTIEMBRE

PARA MAYOR INFORMACIÓN POR FAVOR COMUNÍQUESE CON:

GIOVANNI O. PEREZ CAMPOS

Email: goperez@la-archdiocese.org

Oficina: 213-637-7344

Móvil: 213-840-8718

Página de web: lacatholics.org/ministerios-catequeticos-avanzados/

¡Inscríbese Ahora!



TRANSFORMING
LIVES
TRANSFORMANDO
VIDAS



CATECHIST FORMATION

ADVANCE MINISTRY STUDIES

The **Advanced Ministry Studies** program is now accepting applications for the upcoming 2023-24 Catechetical/Ministerial Year in advanced studies. The formation is offered in a hybrid format, a combination of online Zoom Sessions, Moodle online, and in person classes (about 3 per year)

CERTIFICATION OPTIONS:

Upon completion of classes and a process of discernment, ministers will be commissioned and be certified with one of the following certifications in collaboration with the Catholic Conference of Bishops and the Archdiocese of Los Angeles:

1. Advanced Ministry Studies certificate
2. Archdiocesan Master Catechist

The certification program has the following formation goals:

1. Theological Foundation
2. Evangelizing Catechesis
3. Pastoral Ministry Formation and Applications
4. Pedagogy and Methodology in accordance with recent Church Documents
5. Formation of ministers in the Art of Accompaniment
6. Be accompanied by a team of professors and facilitators

For detailed information to apply or to download the complete flyer please visit lacatholics.org/CMI

Please find information for the **Catechist Basic Certification Summer** course at <http://store.la-archdiocese.org/omof-2023-cohort-7>

2023 - 2024 Ministerial Catechetical Schedule

2023

AUGUST 26
SEPTEMBER 23
OCTOBER 14
NOVEMBER 18
DECEMBER 16

2024

JANUARY 24
FEBRUARY 10
MARCH 9
APRIL 13
MAY 18

5 WEEK ONLINE COURSE WITH INTEGRATIONS ZOOM MEETINGS

2023

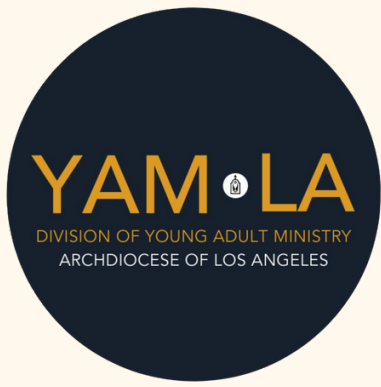
MAY 29
JUNE 5, 12, 19 AND 26

ANNUAL RETREAT

JUNE 1, 2024

FEES

REGISTRATION FEE: \$20.00
TUITION FEE: \$50.00 PER CLASS



Young Adult Updates

Young Adult Ministry Leader Formation

Young Adult Ministry leader formation opportunities are coming this September and October!

Do you want to facilitate a young adult ministry in your parish? Do you have young adults who are seeking formation? Make sure to sign up for one of the upcoming opportunities.

Registration links now available at YAM.LA



ON THE ROAD:

A REGIONAL SYMPOSIUM SERIES

OCT 5-7, 2023 | ORANGE, CA

This symposium is presented by the National Institute for Ministry with Young Adults and hosted by the Dioceses of Southern California and Hawaii. This invitation-only convening will include bishops and diocesan staff, national Catholic organization leaders, young adult leaders, parish leaders and staff, pastors, deacons, seminarians, and religious men and women, professionals, among others.

We invite you to join us for three days filled with engaging conversation, innovative ideas, networking, and meaningful in-person learning that will leave you and your communities better equipped to minister with all of the young adults Jesus is calling us to serve.

If you are interested in attending and sending participants from your community please email at kluna@la-archdiocese.org to register you and place you in a ADLA cohort.

YAM•LA Fall 2023 Kick-Off

The Division of young adult ministry in the Archdiocese of Los Angeles invites you to a morning of prayer, community and formation

For who: young adult leader, parish/school staff, volunteer, and clergy involved or interested in facilitating parish and college young adult ministry

When: Saturday, September 23, 2024
9a.m.-1p.m.

Where: ST. MONICA CATHOLIC COMMUNITY
725 CALIFORNIA AVENUE
SANTA MONICA, CA 90403

Register at: yam.la

Cost: Hosted by YAMLA Donation for lunch suggested

For more information:

Please contact Karen Luna

Email: kluna@la-archdiocese.org

Phone: 213-637-7498



yam.la



[yamlosangeles](https://www.instagram.com/yamlosangeles)



[yamlosangeles](https://www.facebook.com/yamlosangeles)



Eucharistic Procession at City of Saints, 2023

Updates from the Youth Ministry Team

The Youth Ministry Team and young people from throughout the Los Angeles Archdiocese have had an amazing summer. Middle school youth spent 1 week at Camp Big Deal encountering Jesus through prayer, fellowship and community. High school teens spent 1 week at Called to Greatness discovering Jesus' call to be His disciples and learning how to walk with one another in the journey of discipleship. And lastly, hundreds of teens spent a life changing weekend at City of Saints praying, worshipping, making friends and learning that God created them for a purpose, to be a Saint and to transform the world. The young church is ALIVE and the Holy Spirit is doing amazing things.

[LAcatholics.org/youth-ministry](https://lacatholics.org/youth-ministry)

Kelly McLoughlin

Coordinator of Youth Ministry

kamcloughlin@sbpr.org

(310) 663-8639

Dayrin Perez

Coordinator of Youth Ministry

dperez@la-archdiocese.org

(213) 637-7643

Jenny Jackson

Coordinator of Youth Ministry

jejackson@la-archdiocese.org

(213) 637-7674

"OUR YOUNG PEOPLE DESERVE OUR BEST AS WE HELP THEM ENCOUNTER GOD'S LOVE IN JESUS CHRIST."

HOLY FIRE - A middle school event like no other!

Saturday, September 23, 2023 at St. John Eudes in Chatsworth

At Holy Fire, middle school youth are invited and challenged to embrace their baptismal call and the powerful, relevant gospel of Jesus. Holy Fire will help young people feel seen, welcomed, and invited into a life changing commitment to Christ. Encourage your faith formation/youth ministry leaders to bring middle school youth to this event.

Visit the website: eqsaints.com/holy-fire-southland/

The young church needs you! Priests are needed to concelebrate at the mass and hear confessions during Holy Fire! **If you are able to hear confessions or would like to concelebrate the mass please contact Kelly McLoughlin at kamcloughlinesbpr.org**

FIRST THINGS IN YOUTH MINISTRY

Have a new Confirmation/Youth Ministry Coordinator? Looking to renew, refresh or re-evaluate ministry with youth at your parish?

First Things in Youth Ministry is an online formation experience developed by the National Federation for Catholic Youth Ministry. It is meant for any adult who is called to minister to, for and with youth of middle school and high school ages. Whether volunteer or paid, this formation not only provides participants with the foundational information for leading a comprehensive youth ministry (including Confirmation), but with a community of support as well.

Begins October 2023.

For more information and registration visit the website: <https://lacatholics.org/first-things-in-youth-ministry/>



First Things in Youth Ministry

**JUST STARTING AND NOT SURE WHERE TO START?
LOOKING TO RENEW, REFRESH OR RE-EVALUATE
YOUR MINISTRY WITH YOUNG PEOPLE?**

First Things in Youth Ministry is an online formation experience developed by the National Federation for Catholic Youth Ministry. It is meant for any adult who is called to minister to, for and with youth of middle school and high school ages. Whether volunteer or paid, this formation not only provides participants with the foundational information for leading a comprehensive youth ministry (including Confirmation), but with a community of support as well.

FORMATION OVERVIEW

- Presented by the Youth Ministry Team of the Los Angeles Archdiocese.
- Developed by the National Federation for Catholic Youth Ministry (NFCYM)
- Includes a year associate membership to the NFCYM (\$75 value)
- 6 bi-weekly online sessions (2 hours) that allow you to build community with fellow peers in the Archdiocese of Los Angeles
- Each session will have participant preparation prior to the session, groups discussions during the session, practical applications and opportunities to dive deeper. All materials are included

SCHEDULE & TOPICS

sessions will be 6:30pm - 8:30pm via zoom

- October 9 2023: First Things in Personal, Parish, and Diocesan Contexts of Youth Ministry
- October 23, 2023: First Things to know about comprehensive youth ministry
- November 6, 2023: First Things to about young people, their needs, and their families
- November 20, 2023: First Things about volunteers and safe environments
- December 4, 2023: First Things in youth ministry programming
- December 18, 2023: First Things in budgeting and fundraising

REGISTRATION

- \$100 per person (scholarships are available and based on the need of the applicant)
- Deadline to register is September 15, 2023



ARCHDIOCESE OF LOS ANGELES
YOUTH MINISTRY

[REGISTER HERE](#)

For questions or more information, contact:
Dayrin Perez, Coordinator of Youth Ministry
(213) 637-7643 or dperez@la-archdiocese.org

HOLY FIRE SOUTHLAND

A MIDDLE SCHOOL EVENT LIKE NO OTHER!

At Holy Fire, middle school Catholics are invited and challenged to embrace their baptismal call and the powerful, relevant gospel of Jesus. Through talks by dynamic speakers, witness by peers, inspirational praise and worship, and rich experiences of the Sacraments, Holy Fire helps young people feel seen, welcomed, and invited into a life-changing commitment to Christ.

WHO

Middle School Youth

COST

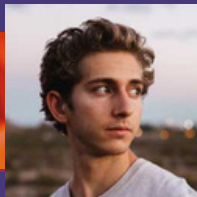
\$45/person, including lunch
(plus tax and handling fees)

WHEN

Saturday, Sept. 23, 2023
9:30 AM to 5:30 PM
Mass held at 4:00 PM

WHERE

St. John Eudes Parish
9901 Mason Avenue
Chatsworth, CA
91311



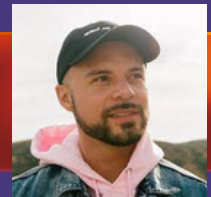
Thomas
Muglia



DJ
Staël



Noelle
Garcia



Joe
Melendrez

REGISTRATION IS OPEN!

eqsaints.com/holy-fire-southland

Hosted by the Archdiocese of Los Angeles, and brought to you by the producers of NCYC, the nation's largest Catholic youth event: the National Federation for Catholic Youth Ministry, in partnership with Equipping the Saints, a division of Declan Weir Productions, Inc.





ELEMENTARY CATECHESIS
MINISTRY

MINISTERIO DE LA CATEQUESIS
PARA LA PRIMARIA

WORKSHOPS FOR CATECHESIS WITH SPECIAL NEEDS for PCLs, Catechists & Families



The Elementary Catechesis Ministry is pleased to bring back a series of workshops on the subject of welcoming and inclusivity of our brothers and sisters with special needs.

*In collaboration with Loyola Press, we are pleased to offer these workshops **FREE** of charge for all who are interested in learning how to include people (children, youth, adults) who may experience a disability or have a need for special catechesis.*

In-Person Workshops

Thursday, September 28, 2023 @ 1-3pm

English workshop for PCL's ONLY

Location: St. John Vianney Parish
1345 Turnbull Canyon Rd, Hacienda Heights, CA 91745

Thursday, September 28, 2023 @ 7-9pm

Spanish workshop for PCL's, Catechists & Families

Location: St. John the Baptist Parish
3883 Baldwin Park Blvd., Baldwin Park, CA 91706

Friday, September 29, 2023 @ 9am -12pm

English workshop for PCL's, Catechists & Families

Location: St. Philomena Parish
21900 South Main Street, Carson, CA 90745

Friday, September 29, 2023 @ 7-9pm

Spanish workshop for PCL's, Catechists & Families

Location: St. Didacus Parish
14337 Astoria Street, Sylmar CA 91342

- ✓ See dates for upcoming in-person workshops
- ✓ Encourage PCLs, Catechists and families to attend
- ✓ Register online for FREE

lacatholics.org/special-needs-workshops/

FOR MORE INFORMATION CONTACT

Douglas E. Zuniga
Coordinator of Elementary Catechesis
(English & Spanish)

- ☎ 213-637-7410
- ✉ dezuniga@la-archdiocese.org



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ELEMENTARY CATECHESIS
MINISTRY
MINISTERIO DE LA CATEQUESIS
PARA LA PRIMARIA

TALLERES SOBRE CATEQUESIS PARA NECESIDADES ESPECIALES para PCLs, Catequistas y Familias



El ministerio de la Catequesis Primaria se complace en presentar una vez mas una serie de talleres sobre el tema de la bienvenida e inclusividad hacia nuestros hermanos y hermanas que tienen necesidades especiales.

En colaboración con Loyola Press, ofrecemos nuevamente una serie de talleres **GRATIS** para aquellas personas interesadas en aprender como incluir a las personas (niños/as, jóvenes, adultos) que experimentan una discapacidad o necesitan una catequesis adaptada a sus necesidades.

Los Talleres

Jueves 28 de septiembre, 2023 de 1-3pm

Taller en inglés solamente para PCL's

Lugar: St. John Vianney Parish

1345 Turnbull Canyon Rd, Hacienda Heights, CA 91745

Jueves 28 de septiembre, 2023 de 7-9pm

Taller en español para PCL's, catequistas y familias

Lugar: St. John the Baptist Parish

3883 Baldwin Park Blvd., Baldwin Park, CA 91706

Viernes 29 de septiembre, 2023 de 9am -12pm

Taller en inglés para PCL's, catequistas y familias

Lugar: St. Philomena Parish

21900 South Main Street, Carson, CA 90745

Viernes 29 de septiembre, 2023 de 7-9pm

Taller en español par a PCL's, catequistas y familias

Lugar: St. Didacus Parish

14337 Astoria Street, Sylmar CA 91342

- ✓ Encuentre las fechas de los próximos talleres en persona
- ✓ Invite a sus PCLs, catequistas y familias
- ✓ Inscribese en línea GRATIS

lacatholics.org/talleres-sobre-necesidades-especiales/

PARA MAS INFORMACION, HABLE CON

Douglas E. Zuniga

Coordinador de Catequesis Para la Primaria
(inglés y español)

213-637-7410

dezuniga@la-archdiocese.org



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VIDAS





ELEMENTARY CATECHESIS
MINISTRY
MINISTERIO DE LA CATEQUESIS
PARA LA PRIMARIA

DIRECTORES o
COORDINADORES de
PROGRAMAS de
FORMACION en la FE
y CATEQUISTAS



¿LA CATEQUESIS DESDE LA BIBLIA, O LA BIBLIA DESDE LA CATEQUESIS?

Aprendiendo a usar herramientas tecnológicas para transmitir la palabra de Dios a los niños y niñas



Sábado 30 de septiembre, 2023

9 am - 4 pm en Loyola Marymount University
1 LMU Dr. Los Angeles 90045

Estaremos en el Pereira Hall 140 (frente al edificio de Ciencias de la Vida, hay estacionamiento bajo el edificio).

En este taller vamos a explorar la relación que existe entre la Biblia y la catequesis para poder aplicarla en nuestras sesiones con niños y niñas. También aprenderemos a usar varias herramientas digitales para introducir temas de la Biblia en la catequesis infantil.



Presentadora: Maria Rivera

María Rivera nació en Nicaragua y luego emigró a Estados Unidos, donde reside actualmente. María tiene una licenciatura en Administración de Empresas por la universidad jesuita UCA.

Su experiencia pastoral la realizó siendo Coordinadora de Educación Religiosa de la parroquia St. Joseph, en Hawthorne, donde sirvió por 13 años. También fue la Coordinadora del Instituto Bíblico Católico hasta el 2022, fecha en la que se jubiló. María trabaja activamente por los migrantes y los desprotegidos, y ha servido en la frontera de Nogales a través de un iniciativa llamada Kino Borders. En su etapa de persona retirada, María continua con su pasión de ayudar a las personas inmigrantes y desamparadas.

COSTO:

Promoción Especial - inscribese antes del 22 de septiembre al precio de \$ 20

Después, la inscripción costará \$30
No habrá inscripción el día del taller.

INSCRIPCION EN LINEA:



<http://archla.org/48b>



Espacio limitado

iFavor inscribirse a tiempo!

REQUISITOS:

- El almuerzo no esta incluido. Favor de traer su propia comida.
- Debe traer un dispositivo electrónico como una computadora portátil (laptop), o una tableta.
- Traer una libreta de apuntes.

FAVOR DE COMPARTIR ESTA INFORMACIÓN CON SUS COMPAÑEROS/AS CATEQUISTAS.

PARA MAS INFORMACION

Douglas E. Zuniga Coordinador de Catequesis Para la Primaria (inglés y español)

213-637-7410

dezuniga@la-archdiocese.org



TRANSFORMING
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TRANSFORMANDO
VIDAS



FAITH @ HOME

Share with
your parish!

The **Office of Religious Education** is pleased to offer this family-centered resource to support parishes as they spread the word of God to the families they serve. Each week we will be sharing a **digital resource** which can help families and/or individuals reflect on the upcoming Sunday readings, **grow in their relationship with Jesus, and strengthen their journey of discipleship.**

The resource is organized in three areas: **Hear, Pray, and Talk.** We want to help all believers to Hear the word of God, to develop a Prayer life, and to Talk or share with their family and friends how Jesus is active in their lives. **We hope that this resource will help all believers grow closer to Jesus and to others.**

Solemnity of the Body and Blood of Christ
June 11th, 2023

FAITH @ HOME

Solemnity of the Body and Blood of Christ

1. HEAR

Let us listen and meditate on the words of Jesus in the Gospel of Saint John. In a first reading, let's pay attention to Jesus' statements about himself: "I am", "I give", "I will raise him up", "I live for him" etc. Each affirmation of Jesus as sent by God the Father brings with it a promise. And God's promises are not just words. They are a reality within the reach of every human being who wants to unite with God by accepting Christ as his savior and decides to follow him in his daily life.

When listening to the words of Jesus through this beautiful reading, also listen to your heart and contemplate the path of your life. Remembering the moments when God has been present in every important situation. Identifying the way in which God has been guiding you by the hand to live the faith with other brothers in the community, in the family and in a very special way in the Eucharist every Sunday receiving Holy Communion.

To watch a visual representation of the Gospel, [click here](#)

To watch a visual representation of the Gospel for children, [click here](#)

Share with us how you are living out your faith at home. Use #LACatholicBelieve and tag @LACatholics on social media.

2. PRAY

Prayer is a very effective way to connect our existence with God. It can be a moment of silence (interior and exterior) opening our hearts to God's revelation. It can also be expressing gratitude to God with words or feelings for his presence in our lives and in the Holy Eucharist. If you are alone, take time to individually pray in gratitude. If you are with your family and/or friends, you can take turns briefly sharing a prayer of gratitude to God for sending us Jesus as savior and redeemer and for his presence in the Eucharist. After each participation, all can say:

"We thank you, Lord"

The following song can be very helpful to pray while listening to it as a family: [Our Bread Our Body](#)

3. TALK

Although prayer is essentially a conversation with God. At this time, what we ask and suggest is to enjoy a good, more open conversation among those present, be they family or friends: The following questions can help communication flow:

- How do I feel when I visualize Jesus speaking to me personally with the words of this reading?
- What kind of family do we become when we are all together at Mass listening, praying, receiving Communion and giving each other peace?

At the end of the conversation, give someone the opportunity to thank the others for what they have shared. Let's end by praying the Our Father together and making a personal commitment to God to accept him as divine food in our daily lives and thus overcome all obstacles and challenges.

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