

Feast of the Transfiguration of  
the Lord  
August 6th, 2023

# FATH @ HOME

## Feast of the Transfiguration of the Lord

**First Reading:** Deuteronomy 7:9-10,13-14  
**Responsorial Psalm:** Psalm: 97: 1-2,5-6,9  
**Second Reading:** 2 Peters 1: 16-19  
**Gospel:** Mathew 17: 1-9

[Full Readings can be found here!](#)

### 1. HEAR

Use your bible to look up today's Gospel reading. If you don't have a Bible, you can find the Gospel reading [HERE](#).

If you prefer, you can watch [this video](#) of the Gospel reading.

### 2. PRAY

*St. Ignatius is known for teaching people to pray with Scripture by using their imagination to bring the story to life, and in doing so, allowing themselves to be involved in the story. A person can experience the movement of God by paying attention to what happens as they imagine themselves in the story, especially by paying attention to any feelings or thoughts that might arise. After reading this week's Gospel, use the following guide to try this form of prayer:*

Imagine yourself on the mountain with Jesus and the disciples. Picture the area around you. What is the weather like? What sounds are you hearing? Is anyone else there?

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

As you look back toward Jesus, you see that he looks different. His face is shining brightly and his clothes are as white as light. What are you feeling?

You see that two people are there talking with him. Who is Jesus with? What are they saying?

When Peter starts to talk, you hear another voice. What does the voice say? How do you respond to what you hear? What does Jesus say to you? Take some time to listen to what he is saying.

What do you want to say to Jesus now?

Thank Jesus for this time with him on the mountain.



### 3. TALK

Spend some time talking with your family (or friends) about the questions below.

- Think back to a time when you experienced something that gave you a better understanding of who Jesus is. What happened? What was your new insight about Jesus?
- As you look back now, how has this affected your relationship with Jesus?

If you have younger children in your family, you could ask them:

- Who is Jesus? Why do you say that about him?