

19th Sunday in Ordinary Time
August 13th, 2023

Faith @ Home

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First Reading: 1 Kings 19: 9, 11-13
Responsorial Psalm: Psalm 85: 9-14
Second Reading: Romans 9: 1-5
Gospel: Mathew 14: 22-33

1. HEAR

Take your Bible to look up today's gospel. Don't have one? You can find the readings [HERE](#)

Find the Gospel reflection [HERE](#)

To see a short video about this Sunday's Gospel, click [HERE](#)

2. PRAY

In Matthew's Gospel, we learn about the power of being focused and keeping our eyes on Jesus. Jesus does not expect us to carry our burdens by ourselves, but we must believe and never doubt the power of our God. When Jesus told Peter to come toward him, off the boat, and walk on water, Peter did not hesitate to do so. His faith was strong. However, when strong wind and turbulent waves came up around him, Peter got scared and started to sink into the water. Of course, Jesus reached out to Peter, as he does to us in troubled times, asking us to have faith and never doubt Him or His love for us.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Reflection Exercise (for the week)

The Gospel is about a test of Faith... Where did you find faith in the midst of Chaos? Say a prayer in Thanksgiving to His presence during those times. Ask him for the grace to deeply trust Him more.



3. TALK

The second reading of Romans reminds us that God's love never fails and that no work, good or bad, can prevail over God's love for us. We all like to "play it safe" but there are times when we need to take a risk and trust: we need to "step out of the boat" as Peter did. Share with a friend or family member a time when you "risked it" and had a "walk on water moment". Where was God in that moment?

