

13th Sunday in Ordinary Time  
July 2nd, 2023

# FAITH @ HOME

## 13th Sunday in Ordinary Time

**First Reading:** 2 Kings 2: 8-11,14-16a  
**Responsorial Psalm:** Psalm: 89: 2-3,16-17,18-19  
**Second Reading:** Romans 6: 3-4,8-11  
**Gospel:** Mathew 10: 37-42

### 1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can see all the Readings [HERE](#)

Watch a visual representation of the Gospel [HERE](#)

Watch a visual representation of the Gospel for children, [HERE](#)

### 2. PRAY

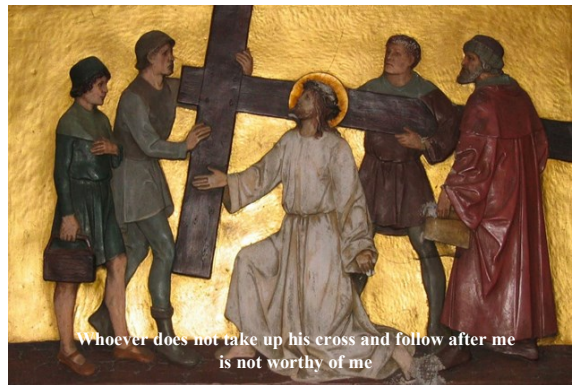
After listening to the readings carefully, let's take a moment to "listen with the heart" to Jesus' words in the gospel.

**Personal dialogue with Jesus:** Close your eyes and listen to the voice of Jesus saying "Take up your cross and follow me" (Each person present spends a few minutes of silence in prayer to talk with Jesus about what it means to "take up my cross and follow him")

After the personal dialogue with Jesus, as a family or individually, take a moment to thank God for the call to be a disciple of Jesus Christ. As a family or individually, take a moment to listen and reflect on this song [HERE](#). When finished, invite your family to pray together:

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

*Lord, how hard it is for me to see the cross in my life. I am afraid it will come into my life, especially when I am comfortable with the good the world can offer me. Help me to see you behind every cross in my life and give me the strength to overcome in the moments when I am afraid to be alone. Amen*



### 3. TALK

Invite a family member or friend to reflect and share the following questions. The conversation should flow naturally. Without forcing anyone to participate.

- What did Jesus mean when he said, "Take up your cross and follow me"?
- Seeing that faith causes division between individuals and families, what do you feel and what do you think Jesus would say in such a situation?
- Share an example of how the love of God has led you to practice the twofold commandment of love for God and love of our brothers and sisters.

After listening to each other with respect, let us take a minute of silence seeking God's whisper in all that we have shared. Inspired by St. Paul, we pray together: "Lord Jesus, by your death you annihilated sin forever. Help us to live with you and like you by putting God at the center of our existence." Amen

**Family challenge:** Think of a person in need of company, and support. What can you do? Decide what to do as a family.