11th Sunday in Ordinary Time June 18th, 2023



11th Sunday in Ordinary Time

First Reading: Exodus 19: 2-6a **Responsorial Psalm:** Psalm: 100: 1-2,3,5 **Second Reading:** Romans 5: 6-11 **Gospel:** Mathew 9: 36-10:8

Full Readings can be found here!

1. HEAR

Grab your bible and look up the reading. Don't have one? No worries you can find the text here

Proclamation of Gospel Videos: Here

2. PRAY

Healing Prayer: This time of prayer will help us name the things that get in our way of serving and preaching. For example, Pride, Anger, Comparison, Self-doubt, etc. At the end of the prayer time, we will ask for the strength in our discipleship journey.

On a piece of paper, write down something that is holding you back from following Jesus' command to "go out" and share the Good News.

Place it into a bowl or cup that you can place in your prayer area.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Close your time with Jesus using the prayer below.

Lord, help me to give of myself freely in the work that you're calling me to without expecting something in return. Thank you for freeing me of the things that hold me back. I ask for the grace to be joyful in preparing the harvest knowing that we are your people, the sheep of your flock. Amen.



3. TALK

From Matthew's perspective, Jesus sees his flock troubled and alone, not in relationship with Him.

In this upcoming week, ask yourself, "In what way (s) did I connect with Jesus?" Share with one another how you encountered Jesus.

In celebration of our earthly and spiritual fathers, prepare and gift something special in thanksgiving for their guidance and love. This can be in a form of a letter, a piece of artwork or something else meaningful. St. Joseph, Pray for Us!



Archdiocese of Los Angeles

Office of Religious Education

ore@la-archdiocese.org; www.lacatholics.org/religious-education