

15th Sunday in Ordinary Time
July 16th, 2023

FATH @ HOME

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First Reading: Isaiah 55: 10-11
Responsorial Psalm: Psalm 65: 10,11,12-13,14
Second Reading: Romans 8: 18-23
Gospel: Mathew 13: 1-23

1. HEAR

Take your Bible to look up today's gospel. Don't have one? You can find the readings [HERE](#)

Find the Gospel reflection [HERE](#)

To watch a Childrens Video click [HERE](#)

To watch a Adult Video click [HERE](#)

2. PRAY

In today's Gospel we hear the Parable of the Sower. After reading the Gospel, pray with Jesus. Ask Jesus to give you a heart that is open to hear His word. Ask Jesus to cultivate the soil of your heart so it is fertile and transformed. Ask Jesus to soften your heart so the soil of your heart is not like the hard soil that did not allow the seed of His word to penetrate fully into the soil to grow. Ask Jesus to remove the thorns and rocks of life that sometimes cause you to rely more on the cares and things of this world and take you away from being a faithful disciple of Christ.

Ask Jesus to create in you a deeply fertile heart that has a faith that is rooted in living the Gospel everyday of your life and sharing God's love with all those you encounter.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

As a closing to this prayer time with Jesus, click the link and listen to this song: Psalm: 51; [Create in Me](#)

OR As a closing to your prayer time with Jesus, repeat the refrain from the Responsorial Psalm: R. **The seed that falls on good ground will yield a fruitful harvest.**



3. TALK

Adult Conversation and Meditation: Invite a family member or friend to discuss the following questions:

- Is the word of God deeply rooted in my heart?
- How do I tend the soil of my heart so that I can share the Word of God with others?
- Where do I see the fruits of God's Word in my life?

Family Activity: Seed planting project. Watch the children's video together. Prepare three small pots, each one with different soil. In one pot put small amount of soil and lots of rocks, in another pot put small amount of soil and twigs, in the third pot rich soil and fertilizer. Plant a seed that sprouts quickly (example: lima bean) in each of the pots. Have the children place them in a windowsill that gets sunlight. Water and care for the pots and watch to see which seed sprouts. Talk about why the seed sprouts from the rich soil pot. Discuss ways we can also be good Sowers of the Word of God in our lives.