

Faith @ Home

Pentecost Sunday

May 28th, 2023

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First Reading: Acts 2: 1-11
Responsorial Psalm: Psalm 104: 24, 29-30, 31,34
Second Reading: 1 Corinthians 12: 3b-7,12-13
Gospel: John 20: 19-23

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can see all the Readings [HERE](#)

To watch a visual representation of the Gospel, click [HERE](#) (YouTube)

To watch a visual representation of the Gospel for children, click [HERE](#) (YouTube – Holy Heroes)

2. PRAY

Today's Gospel is short but very powerful. In the Gospel, we hear about the beginning of our Church. We hear about the giving of the gift of the Holy Spirit from the Father, God, through His son, Jesus Christ to us, the people of God. During your prayer time today, call on the Holy Spirit to be with you. Allow the power of the Holy Spirit to be present in your life.

Ask Jesus to help you remove anything in your heart that prevents you from being His missionary disciple. Ask Jesus to give you the courage to be open to serve Him without hesitation or fear. Pray that the peace you give to others is also the peace you experience each and every day in your own heart and in your life.

As a family or individually, take a moment to listen and reflect on this song [HERE](#). When finished, invite your family to pray together:

O Father of goodness, we thank you for the great gift of your Spirit, which descends upon us by the breath of your beloved Son, to strengthen us in the moments when we need it most.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Help us, with your power, to open the doors that fear makes us close tightly, and thus, with the impulse of your Spirit, we can be messengers of the gospel, to every person I will come across this week. We ask this for your Son Jesus Christ who lives and reigns forever and ever. Amen.



3. TALK

Invite a family member or friend to reflect with you on the following questions:

- When in your life have you locked yourself away from family or friends because you were fearful of how they may judge you for some decisions you have made in your life?
- Do you allow yourself to be vulnerable enough to ask for the guidance of the Holy Spirit to help you conquer your fears?
- When have you had a profound Holy Spirit experience that changed your life in a positive way?

After your reflection time, share with your family/friend on one of the reflection questions. After sharing your response, together pray the Responsorial Psalm response: "Lord, send out your Spirit, and renew the face of the earth." Amen

Family challenge: considering today's Gospel, this week we will be attentive to all the different voices of the Holy Spirit that I hear and call me.

- If there is someone to reconcile with, it is time to approach him or her, to forgive or to be forgiven.
- Think of someone you can visit or accompany during the week, and bring "something" that represents and communicates to him or her the coming of the Holy Spirit.



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