

Easter Sunday  
Abril 9th, 2023

# FATH @ HOME

ACCOMPANYING JESUS THIS LENT

## Easter Sunday

**First Reading:** Acts 10: 34a, 37-43  
**Responsorial Psalm:** Psalm 118: 1-2, 16-17, 22-23  
**Second Reading:** Colosenses 3: 1-4 or  
Corinthians 5: 6b-8  
**Sequence:** [Victimæ Paschali Laudes](#)  
**Gospel:** John 4: 5-42

Gospel Reflection Page (by Bishop O'Connell): [Here](#)

Today is **Easter Sunday**, the Day of the Resurrection of the Lord! Christians everywhere gather to celebrate the most holy of days in our Liturgical Calendar! During Mass, all Christians will sing and shout in one voice: He is Risen, indeed, Alleluia, Alleluia!

## 1. HEAR

Take your Bible and find the Gospel for today. Don't have one? No worries. You can find all the readings in the US Bishops page, by clicking here: [Easter Sunday | USCCB](#)

**Opening Prayer:** Lord Jesus, send your Spirit to help us receive with joy the good news of your Resurrection, just as Mary Magdalene, Peter and John did! May your word help us to become missionary disciples who announce to others that you are alive! Amen.

Proclamation of the Gospel for Children: [Here](#)  
(YouTube - Holy Heroes, 1:49 min)

Proclamation of the Gospel for Adults: [Here](#)  
(YouTube, 1:45 min)

## 2. PRAY

Gather with your family around your Lenten Prayer space and take the time to remove all the elements you had added during the 6 weeks of Lent. Each member of the family can help with his task and then you can put them away in a box. Next, have the children or youth in the family prepare your new Easter prayer space by placing a white cloth on the table or flat area, add a piece of golden fabric (if available), a cross (not a crucifix), a Bible, a large candle (battery operated if necessary), a small bowl of water, and some white flowers.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

You may place an image of the Risen Christ if desired (you can print at home one of the sample images found [here](#))

While the new Easter prayer space is being set up, the adults in the family can prayerfully recite the Easter Sequence text found [here](#).

Optional: if desired, you may sing this [version](#)  
(YouTube, Mikey Needleman, 3:16 min)

## 3. TALK

Our Lenten journey has brought us here to the joy of Easter! Christians around the world are gathering to celebrate with song and prayers this most holy day, and as a family you too can be part of that celebration. The reason for our joy is that Jesus Christ has conquered death and has opened for us the way to heaven.

Take a moment to remember our Lenten journey and all the beautiful acts of charity and kindness you performed, all the people you brought a smile to, and all the loving prayers you said for others.

Share with your family one experience from your Lenten preparation that made you feel like a true disciple of Christ, and what special memory you will keep in your heart from all the Lenten practices you have done over the past few weeks. As each person shares, the entire family says out loud: "Christ is Risen, Alleluia, Alleluia".

Finish this time together by singing this song: [Jesus Christ Is Risen Today](#) (YouTube, OCPMusic, 2:33 min)

