

6th Sunday in Ordinary Time
February 12th, 2023

FATH @ HOME

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First Reading: Sirach 15: 15-20
Responsorial Psalm: Psalm: 119
Second Reading: 1Corinthians 2: 6-10
Gospel: Matthew 5: 17-37

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the reading.

Don't have one? No worries you can find the text [here](#).

To see a video of this Sunday's Gospel for children, [click here](#)

2. PRAY

In today's gospel, Jesus reaffirms the commandments from the Old Testament. But he takes it further, expanding on them. Jesus gives examples of model conduct of a disciple, by teaching about anger, lust, divorce, and oaths.

For today's prayer we invite you to practice an [examen](#) based on Jesus' teachings on the law.

1. Begin by quieting yourself and giving thanks to God for the blessings of your day
2. Ask God to enlighten you, showing where he has been at work and present in your day through events, people and places.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

3. Read the Gospel and reflect on Jesus' teachings and your actions, words, and thoughts. (Here are some questions you can reflect on: have you allowed your anger to influence your words or actions towards others? Have you been faithful to your significant other? Are you true to your word? Do you take the Lord's name in vain?)

4. Talk to God about where He is challenging you to change and grow.

3. TALK

Jesus teaches his followers what it means to exceed the righteousness of the religious leaders of his day.

In your family (or community), discuss what it means to be righteous to you.

