

LA Sisters Aging Well

September 21, 2022



What Is LASAW?

- ▶ Inter-congregational network of sisters
- ▶ Either leaders and/or appointed representatives
- ▶ Collaborative effort to better equip its members to serve the needs of their eldest sisters
- ▶ Share ideas, resources, and expertise
- ▶ Key premise – the demands of overseeing the care of elderly members are similar for all and need not be faced alone



How It All Began

- ▶ 2016 - single inter-congregational meeting to share resources and ideas on care for our elderly
- ▶ Desire to continue meeting
- ▶ Grew from six to eleven congregations
- ▶ We all have similar issues with similar solutions. It's better to work together than to try to do everything alone



Who Are We Today?

- ▶ CHF
- ▶ DMJ
- ▶ IHM
- ▶ MM
- ▶ MGSpS
- ▶ RSHM
- ▶ RSC
- ▶ SND
- ▶ SSS
- ▶ CSJ
- ▶ SSL

Adjunct:

SJC SSND



What We Do

▶ Members:

- ▶ Five meetings per year
- ▶ Surface solutions to sensitive issues faced by leadership
- ▶ Support system

▶ Elder Sisters:

- ▶ Annual Conference
- ▶ Speaker on relevant topic of aging gracefully



How to Participate

- ▶ LASAW welcomes sisters in leadership (and/or their appointed representatives) from any religious community of sisters, especially those whose oldest members reside in the Archdiocese of Los Angeles.



Emerging Plans

- ▶ LASAW:
 - ▶ Expand Network Membership
 - ▶ Increase Inter-connectedness
 - ▶ Expand Resource Sharing
- ▶ Support Aging Religious Project:
 - ▶ Survey Regarding Retirement Needs
 - ▶ Invitation to Participate in AIG's "Care Transitions Assessment"
 - ▶ Identify and Compile List of Available Care Centers
 - ▶ Propose Solutions

How You Will Hear More

- ▶ OVWR in their visits will ask if you are interested in participating in the “Care Transitions Assessment”
- ▶ Each congregation will receive a brief survey from LASAW about your needs for caring for your aging sisters



Sharing of Resources

- ▶ Record the annual conference and make it available to all communities in the ADLA
- ▶ Share resources (educational and otherwise) through the OVWR communications with a “LASAW Corner”



Invitation

- ▶ Would you be willing to participate in the “Care Transitions Assessment” from the Avila Institute for Gerontology?
- ▶ Do you have a sister with some medical expertise who would like a temporary job to visit care facilities, develop relationships with them for future (and current) care for elderly sisters, and report back?



Contact Information

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Questions