

Solemnity of the  
Most Holy Trinity  
June 12, 2022

# FAITH @ HOME

## Solemnity of the Most Holy Trinity

**First Reading:** Proverbs 8:22-31  
**Responsorial Psalm:** Psalm 8:4-5, 6-7, 8-9  
**Second Reading:** Romans 5:1-5  
**Gospel:** Juan 16:12-15

[Full Readings can be found here!](#)

## 1. HEAR

Grab your bible and look up the reading. If you don't have a Bible, you can find the Gospel reading [here](#).

To watch a visual representation of the Gospel, [click here](#).

To listen to a Trinity song for children, [click here](#).

To watch a video for children explaining the Holy Trinity, [click here](#).



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

## 2. PRAY

Lord Jesus Christ you have come to teach us the Word of God the Father. You have come with your testimony of life. You are the example we must follow. We are here asking the Holy Spirit to be present in our lives and continue to lead us on the path of truth so that we can glorify you; Come Holy Spirit, stay in our hearts, in our minds, in our bodies, and in our souls. As a family, spend some time in contemplation [with this song](#) and the prayer below:

**God the Father,** thank you for your great love, my heart burns with happiness knowing that you have revealed to me the good, the true, the beautiful... and I want to communicate that to the world.

**God the Son,** I want to glorify you with my life, to proclaim you with my words, but above all with my actions, help me to be faithful to your promises.

**God the Holy Spirit,** you become present in my life from the breath of which I am aware every morning and from the force that drives me daily to continue my path. Help me to be a witness of the truth, may it always be your words in my mouth and your motivations and paths on my feet. Amen.

## 3. TALK

As a family, discuss the following questions:

- How do I let the Holy Spirit guide me in my daily life?
- Have you ever experienced the light and strength of the Holy Spirit, Spirit of Truth?

The mystery of the Holy Trinity embraces our whole life and our entire Christian being. We remember that every time we make the sign of the cross. What do I commit to this week? At the beginning of each of your activities during this week proclaim "In the name of the Father, the Son and the Holy Spirit", recalling the mystery of the Most Holy Trinity.