

Solemnity of the
Ascension of the Lord
May 29, 2022

FAITH @ HOME

Solemnity of the Ascension of the Lord

First Reading: Acts 1:1-11
Responsorial Psalm: Psalm 47:2-3, 6-7, 8-9
Second Reading: Ephesians 1:17-23
Gospel: Luke 24:46-53

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? You can find the text [here](#).

[Check out this video](#) of a reflection of the Gospel for children.



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

2. PRAY

As a household pray this Holy Spirit prayer. Have one member of the household read the prayer while everyone else listens. Create a prayer space with a candle lit while you listen to the prayer:

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

*Send forth your Spirit and they shall be created.
And you shall renew the face of the earth.*

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy his consolations.

Through the same Christ Our Lord. Amen.

3. TALK

The story of Christianity didn't just end when Jesus ascended into heaven. The apostles, Jesus's closest followers and friends, continued his work. Jesus sent the apostles the Holy Spirit so that they could spread the Kingdom of heaven on earth like He did. Have a conversation as a household/family. If you live by yourself, consider hosting a gathering or call someone to have a conversation.

Jesus gave the apostles power through the Holy Spirit and He gives us that same gift.

- What are some ways you can help spread the Kingdom of heaven on earth?
- How have others shared the Kingdom of heaven with you?