

4th Sunday in Ordinary Time
January 30, 2022

FAITH @ HOME

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First Reading: Jeremiah 1:4-5, 17-19
Responsorial Psalm: Psalm 71:1-2, 3-4, 5-6, 15-17
Second Reading: 1 Corinthians 12:31-13:13
Gospel: Luke 4:21-30

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the reading. Don't have one? You can find the text [here](#).

[Click here to watch](#) a proclamation of the Gospel video.

[Click here to watch](#) a children's video of the proclamation of the Gospel (start at 00:15).

2. PRAY

Together as one, we invite you to pray the Act of Love.

*O Lord God, I love you above all things
and I love my neighbor for your sake
because you are the highest, infinite and perfect
good, worthy of all my love.
In this love I intend to live and die.
Amen.*

For prayers on the Act of Faith and Hope, you can [use this link](#).

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

3. TALK

In the Gospel today, we hear that Jesus was not being accepted in his hometown of Nazareth.

He was sharing the words of old prophets but the people in his town did not respect what he was sharing because he was challenging them.



1. How do you confront challenges in your life? When you have a problem, do you have someone that you trust to talk to?
2. Where do you see God present in the challenges of your life? Remember God's presence through all your life experiences.

Every morning, before getting out of bed, invite God to be present with you throughout the day, no matter the challenges or joys.