

16th Sunday in Ordinary Time
July 18, 2021

FAITH @ HOME

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First Reading: Jeremiah 23:1-6
Responsorial Psalm: Psalm 23:1-3, 3-4, 5, 6
Second Reading: Ephesians 2:13-18
Gospel: Mark 6:30-34

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the text [HERE](#).

Check out [this video](#) of the proclamation of the Gospel for children.

2. PRAY

In today's Gospel, we hear Jesus inviting his apostles to rest after all the work they have done.

Jesus knows the importance of rest and invites us to rest in Him. At times, we might be feeling tired and overwhelmed with everyday things. Even though Jesus knows what is in our hearts, prayer allows us to have an intimate conversation with us.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

For your prayer today, take time and share with Jesus all you are feeling right now.



Is there anything in your life at this moment that you are in need of Jesus' direction?

Pray for time to rest and peace in your heart.

Option: Click this link to spend some time with Jesus in the Blessed Sacrament. Pray and give anything you might be feeling to Him.
[Perpetual Adoration at Saint Katharine Drexel](#)

3. TALK

Share with your family or friends these questions. If you live by yourself, call a close friend or a family member to talk to.

- What prayer do you use to grow closer to Jesus?
- How can you share this prayer with others?

Optional Activity: Choose one day a month to pray, reset and renew yourselves as an individual, household, family or community.