

Solemnity of the
Ascension of the Lord
May 16, 2021

FAITH @ HOME

Solemnity of the Ascension of the Lord

First Reading: Acts 1:1-11
Responsorial Psalm: Psalm 47:2-3, 6-7, 8-9
Second Reading: Ephesians 1:17-23
Gospel: Mark 16:15-20

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries, you can find the text [here](#).



[Check out this video](#) of the proclamation of the Gospel for children.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

2. PRAY

Place yourself in the Gospel story. Jesus is about to ascend into Heaven but has an important message:

Jesus is telling you to “go into the whole world and proclaim the gospel to every creature,” to share the Good News of Jesus Christ.

- How does that make you feel? Talk to Jesus about it.

At the end of the Gospel, Jesus assures the apostles that He was with them.

- How does it make you feel that Jesus is by your side?
- What might be some signs of Jesus' presence in your life? Thank Jesus for these signs.

3. TALK

Have a conversation as a household/family. If you live by yourself consider hosting a virtual gathering or call someone to have a conversation.

- How can I as a [kid, teenager, adult, senior, etc.] share the Good News wherever I am with others?
- How can we as a family share Jesus' love and message with others this week?
Examples: social media posts, front yard decorations, greeting cards

Little kids: Make a sign that says “Jesus Loves You!” and post it somewhere so you can share the Good News with your neighbors.