

5th Sunday of Lent  
March 21, 2021

# FAITH @ HOME

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**First Reading:** Jeremiah 31:31-35  
**Responsorial Psalm:** Psalms 51:3-4, 12-13, 14-15  
**Second Reading:** Ephesians 2:4-10  
**Gospel:** John 3:14-21

[Full readings can be found here!](#)

## 1. HEAR

### Options to Read/Listen to the Gospel

Grab your Bible and look up the Gospel reading. Do not have one? No worries, you can find the text [here](#).

To see a children's video with a brief reflection on the meaning of the Gospel and readings, [click here](#) (2:18 min).



Or [click here](#) to see a video of the proclamation of the Gospel for adults (4:53 min).

## 2. PRAY

Create a reflection space for your prayer time. Place a candle or other light on the table/space, place an image of Jesus in your prayer space (a prayer card, poster, bring up an image on an iPad or computer) and gather together. To help set the atmosphere you could [play this music](#) in the background.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Reflect on your discipleship at this moment. How am I living out my discipleship with Jesus? How have I strengthened my relationship with Jesus this Lent? How will I continue to grow beyond Lent?

Have one of the members of your household recite this prayer on discipleship:

Loving Father,  
Open our hearts to hidden realities:  
your love for all people,  
your presence in the community,  
your call to justice and peace.

May the sacraments stir in us  
that same love for those with whom we worship  
and all members of our human family.

Christ Jesus,  
Help us to imitate your example:  
healing the sick,  
welcoming the stranger,  
assisting the poor and vulnerable.

May the sacraments remind us  
of your love and self-giving,  
which we strive to imitate.

Holy Spirit,  
Make visible to our eyes what is invisible:  
your call to your people,  
your summons to live our faith daily  
as witnesses of justice and peace.

May the sacraments move us  
to engage in love-inspired action  
that transforms us and the world.

Amen

## 3. TALK

Discuss as a household the following questions:

- How can we work together as a household to serve others in our community/neighborhood/family?
- How can we grow in our discipleship?