**Resources**

**Resources for ministers/ facilitators:**

* Liturgical Refresher: <https://olala-collateral.s3-us-west-2.amazonaws.com/OFW/Funerals_Eng/guide/content/index.html#/>
* Smith, Margaret. *Facing Death Together, Parish Funerals.* Chicago, USA: Liturgy Training Publications, 1998.
* Curley, Terence. *Grief Ministry. Revised Edition.* Minnesota, USA: Liturgical Press, 2016
* Curley, Terence. *Peace Beyond Understanding, Consoling One Another.* Marblehead, MA: Emmaus Design, 2010
* Curley, Terence. *Planning the Catholic Funeral.*
* Reilly Williams, Donna and Sturzl, JoAnn. *Grief Ministry. Helping others Mourn.* San Jose, USA: Resource Publications Inc. 1990
* DeGrocco, Morrill and Rutherford. *Guide for Celebrating Funerals.* Chicago, USA: Liturgy Training Publications. 2017
* Stout, Nancy. *The Joy of Being a Bereavement Minister.* New Jersey, USA: Resurrection Press. 2005
* The Bereavement Ministry Program by Ave Maria Press.
* The New Day Journal by Mauryeen O’brien ACTA Publication
* Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner 4th Edition, by William Worden
* Bereavement Ministry: Leaders Resource Manual by Harriet Young
* Florian, Amy. A friend indeed: Help those you love when they grieve. Hoffman Estates, IL: Corgenieous, 2017
* Rolheiser, Ronald. The Holy Longing. New York, NY: Crown Publishing, 1998,1999,2014
* Rolheiser, Ronald. Bruise and Wounded: Struggling to Understand Suicide. Brewster Massachusetts. Paraclete Press, 2018.
* Rolheiser, Ronald. Sacred Heart
* Turner, Paul. Bulletin Inserts for the Liturgical Life of the Parish. Liturgy Training Publications
* Turner, Paul. Light in the Darkness: Preparing Better Catholic Funerals. Liturgical Press, 2017
* Order of Christian Funerals
* Champlin, Joseph. Through Death to Life.
* Kohler, Kenneth. Preparing a Catholic Funeral

**Resources for lending library**

* Grieving with the Help of Your Catholic Faith byLorene Hanley Duquin
* Grief, Finding Hope in Sorrow (Alive in the Word) by [Laura Kelly Fanucci](https://www.amazon.com/s/ref%3Ddp_byline_sr_book_1?ie=UTF8&text=Laura+Kelly+Fanucci&search-alias=books&field-author=Laura+Kelly+Fanucci&sort=relevancerank)
* Grieving Together: A Couple’s Journey through Miscarriage by Laura Kelly Fanucci and Franco David Fanucci
* by John James and Russell Friedman
	+ The Grief Recovery Handbook, 20th Anniversary Expanded Edition: The Action Program for Moving Beyond Death, Divorce, and Other Losses including Health, Career, and Faith
	+ [When Children Grieve: For Adults to Help Children Deal with Death, Divorce, Pet Loss, Moving, and Other Losses](https://www.amazon.com/When-Children-Grieve-Adults-Divorce/dp/0060084294/ref%3Dsr_1_6?s=books&ie=UTF8&qid=1520463270&sr=1-6&keywords=russell+friedman&dpID=41hI-0ZA9YL&preST=_SY291_BO1,204,203,200_QL40_&dpSrc=srch)

## [Moving Beyond Loss: Real Answers to Real Questions from Real People―Featuring the Proven Actions of The Grief Recovery Method](https://www.amazon.com/When-Children-Grieve-Adults-Divorce/dp/0060084294/ref%3Dsr_1_6?s=books&ie=UTF8&qid=1520463270&sr=1-6&keywords=russell+friedman&dpID=41hI-0ZA9YL&preST=_SY291_BO1,204,203,200_QL40_&dpSrc=srch)

* [by Alan Wolflet, PhD](https://www.amazon.com/When-Children-Grieve-Adults-Divorce/dp/0060084294/ref%3Dsr_1_6?s=books&ie=UTF8&qid=1520463270&sr=1-6&keywords=russell+friedman&dpID=41hI-0ZA9YL&preST=_SY291_BO1,204,203,200_QL40_&dpSrc=srch)
	+ [Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart](https://www.amazon.com/When-Children-Grieve-Adults-Divorce/dp/0060084294/ref%3Dsr_1_6?s=books&ie=UTF8&qid=1520463270&sr=1-6&keywords=russell+friedman&dpID=41hI-0ZA9YL&preST=_SY291_BO1,204,203,200_QL40_&dpSrc=srch)

## [The Understanding Your Grief Journal: Exploring the Ten Essential Touchstones](https://www.amazon.com/Understanding-Your-Grief-Journal-Touchstones/dp/1879651394/ref%3Dsr_1_2?ie=UTF8&qid=1520462637&sr=8-2&keywords=understanding+your+grief+by+alan+wolfelt)

* + [The Understanding Your Grief Support Group Guide: Starting and Leading a Bereavement Support Group](https://www.amazon.com/Understanding-Grief-Support-Group-Guide/dp/1879651408/ref%3Dsr_1_3?ie=UTF8&qid=1520462637&sr=8-3&keywords=understanding+your+grief+by+alan+wolfelt)

## [The Wilderness of Grief: Finding Your Way (Understanding Your Grief)](https://www.amazon.com/Understanding-Grief-Support-Group-Guide/dp/1879651408/ref%3Dsr_1_3?ie=UTF8&qid=1520462637&sr=8-3&keywords=understanding+your+grief+by+alan+wolfelt)

## [Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies (Healing Your Grieving Heart series)](https://www.amazon.com/Healing-Spouses-Grieving-Heart-Practical/dp/1879651378/ref%3Dsr_1_5?ie=UTF8&qid=1520462637&sr=8-5&keywords=understanding+your+grief+by+alan+wolfelt)

## Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart (Understanding Your Grief)

**Book Recommendations for Adults**

**Recommended for General Grief**

* Saying Goodbye to Someone You Love: Your Emotional Journey Through End of Life and Grief By: Norine Dresser and Fredda Wasserman for OUR HOUSE Grief Support Center
* Living With Loss, Healing With Hope By: Rabbi Earl A. Grollman
* Healing After Loss: Daily Meditations for Working Through Grief By: Martha Whitmore Hickman
* My Grief Journal By: OUR HOUSE Grief Support Center
* About Grief. By Ron Marasco and Brian Shuff
* Tear Soup By: Pat and Chuck DeKlyen Schwiebert
* Healing Your Grieving Heart: 100 Practical Ideas By: Alan D. Wolfelt
* Making Loss Matter By: David Wolpe
* Grief Counseling & Grief Therapy, fourth edition By: J. William Worden
* Transforming Loss: A Documentary Director: Judith Burdick

**Recommended for Death of a Partner/Spouse**

* I’m Grieving As Fast As I Can: How Young Widows and Widowers Can Cope and Heal By: Linda Sones Feinberg
* It Must Have Been Moonglow: Reflections on the First Years of Widowhood By: Phyllis Grenne
* AfterImage: A Brokenhearted Memoir of a Charmed Life By: Carla Malden
* Grieving: A Beginners Guide By: Jerusha Hull McCormack
* Death without Denial, Grief Without Apology By: Barbara K. Roberts
* Spoiler Alert: The Hero Dies By: Michael Ausiello
* The Other Side of Complicated Grief: Hope in the Midst of Despair By Rhonda O’Neill
* YOUNG WIDOW, Naked in the Memorial Playground Director: Elizabeth Titus

**Recommended for Death of a Parent**

* Motherless Daughters By: Hope Edelman
* Always Too Soon By: Allison Gilbert
* The Orphaned Adult: Understanding and Coping with Grief and Change after the Death of our Parents By: Alexander Levy
* Death Benefits: How Losing a Parent Can Change an Adult’s Life – for the Better By: Jeanne Safer
* Death of a Parent: Transition to a New Adult Identity By: Debra Umberson
* Recommended for Death of a Child Resilience By: Elizabeth Edwards
* Dancing with the Midwives: A Memoir of Art and Grief By: Ann Faison
* Gili’s Book: A Journey Into Bereavement for Parents and Counselors By: Henya Kagan Klein After the Darkest Hour the Sun Will Shine Again By: Elizabeth Mehren
* Tear Soup By: Pat and Chuck DeKlyen Schwiebert
* Recommended Reading for Sudden Death/Death by Suicide
* Living With Grief After Sudden Loss By: Kenneth Doka
* I Wasn’t Ready To Say Goodbye: Surviving, Coping & Healing after the Sudden Death of a Loved One By: Brook Noel and Pamela D. Blair, Ph.D.

**Recommended for Parents grieving their Children**

* Naming the Child by Jenny Schroedel. Paraclete Press

**Recommended for Parents of Grieving Children**

* Children Grieve Too!: A Handbook For Parents of Grieving Children By: Lauren Schneider for OUR HOUSE Grief Support Center
* Never Too Young to Know: Death in Children’s Lives By: Phyllis R. Silverman
* Children And Grief: When A Parent Dies By: William J. Worden

**Book Recommendation for Children and Teens**

**Death of a Parent**

* Always My Dad (A small picture book about the enduring love a young boy finds after the death of his father) Kathryn Graf. Ages 5-10
* Because the Sky is Everywhere (A child looks everywhere for his father until he learns an important lesson) Written in English and in Spanish by Nancy Sharp.
* Everett Anderson’s Goodbye (Young boy experiences grief following the death of his father) Lucille Clifton. Ages 3-9
* A Journey with Mrs. Beens: a children’s storybook of grief support. (lovely book about two children whose mother died). Marsha Ann Dobler. Ages 3-9. Available for New Hope Grief Support Community. 2011
* Sad But OK- My Daddy Died Today (Chapter book chronicling a family’s journey through cancer, death, and grief. Barbara Frisbie Juneau. Ages 8-12
* Saying Goodbye to Daddy (Gentle treatment of death, funerals, grief as a multi-generational family grieves the death of the adult son, husband and father) Judith Vigna. Ages 6-12

**Death of a Grandparent**

* Children Also Grieve: Talking about Death & Healing (Story about a dog in a family whose grandfather died; has room to create scrapbook) Linda Goldman. Ages 5-10
* Finding Grandpa Everywhere (a young child discovers memories of a grandparent) John Hodge. Ages 3-10. Available through the Centering Corporation, www.centering.org.
* I know I Made it Happen (Deals with self blame when a series of bad things happen including a grand parent’s death) Lynn Bennett Blackburn. Ages 6-12
* Saying Goodbye to Grandma (In depth look at a family gathering for the funeral of a beloved grandmother) Jane Resh Thomas. Ages 8-12
* Something Very Sad Happened (A mother tells her son about the death of his Grandmother) By Bonnie Zucker, Ages 3-10
* Until We Meet Again Susan Jones (children react to death of grandfather) Ages 3-10
* What’s Heaven? Maria Shriver. (children react to death of grandfather ) Ages 3-8
* Wishes for One More Day Melanie Joy Pastor (3-10)
* Zeydeh (A Story Guide to Help Jewish Children Cope With Loss and Bereavement) Moshe Halevi Spero. Ages 6-12

**Understanding Suicide**

* Bruised and Wounded: struggling to Understand Suicide by Fr. Ronald Rolheiser
* The suicidal mind by Edwin Schneidman
* The autopsy of a suicidal mind by Judy Collins and Edwin Schneidman
* By Victoria Arango  <https://www.cuimc.columbia.edu/news/rethinking-suicide-new-approach-dr-victoria-arango>
* By Victoria Arango <https://www.youtube.com/watch?v=V22Gi2RlJdY>

Please visit the following links. All the pages offer great resources for your support groups. When you form the support groups in your parishes and start building a library, consider getting some of these resources.

* <https://www.paracletepress.com/Products/GRRP/grief-resource-package.aspx>  (DVD’s and books)
* <http://bereavementmag.com/page.cfm?pageid=9009>
* <http://cardsbyanne.com/products.php?category=sympathy&id=S47>
* <http://carenotes.com/product-tag/death/>
* <https://todaywithchrist.com/collections/living-with-christ-store-1/products/psalms-and-prayers-for-times-of-grief?variant&variant=48618728271>
* <https://www.centerforloss.com/grief/grief-mourning-basics/>
* <https://www.compassionatefriends.org/product-category/brochures/>
* Griefspeaks.com
* <http://www.journey-through-grief.com/>
* <https://www.soaringspirits.org/>
* <http://www.ourhouse-grief.org/grief-pages/literatura-en-espanol/>

**Losing a spouse**

<https://www.soaringspirits.org/>

**For Widows: a Catholic Resource**

<https://widowoman.blogspot.com/>

**For Widows: a secular resource**

<https://www.soaringspirits.org/>

**For Abortions:**

[www.byyoursideLA.org](http://www.byyoursideLA.org)

877 3019684

**For suicide Prevention:**

* **National Lifeline –** 1-800-273-TALK (8255) <https://suicidepreventionlifeline.org/>
* **American Foundation for Suicide Prevention www.afsp.org**
* **DiDi Hirsch Mental Health Center** – 1-310-390-6612 <https://didihirsch.org/>
* **SAS – Survivors After Suicide Support Group** – 1-310-895-2326

[**http://www.didihirsch.org/survivors-after-suicide**](http://www.didihirsch.org/survivors-after-suicide)

* **SOSA – Survivors of a Suicide Attempt**

[**http://www.didihirsch.org/survivors-of-suicide-attempt-support-group**](http://www.didihirsch.org/survivors-of-suicide-attempt-support-group)

* **Compassionate Friends**

<https://www.compassionatefriends.org/>

* **American Association of Suicidology**

<http://www.suicidology.org/>

* **The Dougy Center**

<https://www.dougy.org/>