

Solemnity of Christ the King
November 22, 2020

FAITH @ HOME

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First Reading: Exodus 34:11-12, 15-17
Responsorial Psalm: Psalms 23:1-2, 2-3, 5-6
Second Reading: 1 Corinthians 15:20-26, 28
Gospel: Matthew 25:31-46

1. HEAR

Grab your bible and look up the reading. Don't have one? No worries you can [find the readings here](#).

2. PRAY

Consider finding a quiet place to sit, reflect and listen to Psalm 23.

CHILDREN: As you watch the video with your children pay attention to how they connect the psalm to their relationship with Jesus.

[PSALM 23 FOR KIDS](#)

ADULTS: As you watch the video, what feelings resonate within you as it relates to your relationship with God?

[PSALM 23 FOR ADULTS](#)

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

3. TALK

In the first reading and the psalm, we are reminded that our Lord God is always with us – during the good times and during the challenging times. In the Gospel we are reminded that we can be Jesus to others with our acts of kindness, love, and compassion. We also are reminded through the readings that we are never alone and as we accompany others, others also accompany us and help us to see God walking with us. To help us reflect on the blessings of this accompaniment, consider doing the following activity with the family or a friend.

Draw a staff and crown on a piece of paper to be cut out and used for journaling. On one side of the staff write all the ways you have received blessings from Jesus this week. On the other side write down the challenges you have been facing lately. On the crown write down “The Lord is my Shepherd.”

Gather the family/friend together and have each person share their challenges, see how each of you may be experiencing similar challenges. Continue by sharing the blessings you have received this week. End your sharing time by placing your staff and crown in a visible place where during



the week you will be reminded that God is always with you. As you place these symbols pray together the phrase of the Psalm 23. **“The Lord is my shepherd; there is nothing I shall want.”**