

1st Sunday of Advent  
November 29, 2020

# Faith @ Home

## 1st Sunday of Advent

**First Reading:** Isaiah 63:16-17, 19; 64: 2-7  
**Responsorial Psalm:** Psalms 80:2-3, 15-16, 18-19  
**Second Reading:** 1 Corinthians 1:3-9  
**Gospel:** Mark 13:33-37

[Full readings can be found here!](#)

## 1. HEAR

Grab your bible and look up the reading.

Don't have one? No worries you can find the text [here](#).

[Click here to see a video](#) of the proclamation of the Gospel for children.



## 2. PRAY

Prepare your Advent wreath or make one if you do not have one (You can find ideas for [DIY wreaths here.](#))

[Advent Wreath blessing:](#)

All make the sign of the cross as the leader says:  
Our help is in the name of the Lord.  
Response (R/.) Who made heaven and earth.

Then the Scripture, [Isaiah 9:1-2, 5-6](#); [Isaiah 63:16-17-19](#);  
or [Isaiah 64: 2-7](#) is read.

Reader: The Word of the Lord. R/. Thanks be to God.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

With hands joined, the leader says:

Lord our God,

We praise you for your Son, Jesus Christ: he is Emmanuel, the hope of the peoples, he is the wisdom that teaches and guides us, he is the Savior of every nation.

Lord God, let your blessing come upon us as we light the candles of this wreath. May the wreath and its light be a sign of Christ's promise to bring us salvation. May he come quickly and not delay. We ask this through Christ our Lord.

R/. Amen.

Light the first purple candle. The blessing may conclude with a verse from "O Come, O Come, Emmanuel"

—From *Catholic Household Blessings & Prayers*

### Prayer for Week 1 (Hope)

Dear Jesus, you are the hope in our messy world. This Advent, help us slow down, listen to your voice, and focus on what's really important. We place our hope in you as we prepare our hearts to celebrate your birth on Christmas. Amen. ([dynamiccatholic.com](http://dynamiccatholic.com))

## 3. TALK

Think of a time when you were caught unprepared. Unprepared for visitors, unprepared for a test, or unprepared for a work or school project. Please share with those around you.

This Sunday's Gospel tells us that we need to be alert, ready, and prepared for Jesus Christ's return. How can you prepare your heart for Jesus?

What are some ways your household/family can incorporate prayers, charitable works, and other activities on a daily or weekly basis during Advent to *spiritually prepare for Christmas?*



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