

The Solemnity of the Most Holy Trinity  
June 7, 2020

# FAITH @ HOME

## 1. HEAR

### Solemnity of the Most Holy Trinity

<b>First Reading:</b>	Exodus 34: 4B-6, 8-9
<b>Responsorial Psalm</b>	Daniel 3: 52-56
<b>Second Reading:</b>	2 Corinthians 13: 11-13
<b>Gospel:</b>	John 3: 16-18

[Full Readings can be found here!](#)

## 2. PRAY

Last Sunday, we received the gift of the Holy Spirit on Pentecost Sunday. This Sunday we are reminded in the Gospel that: *“God so loved the world that He gave us his only Son.....”*

Jesus gave us the gift of a beautiful prayer that we pray together every Sunday when we gather for mass, the “Our Father”.

Together as a family, consider this 2-minute Catholic Kids Media meditation on the “Our Father”: [Click on this link](#)

OR pray together or listen to your favorite music rendition of the “Our Father”.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

## 3. TALK

After meditating, praying or listening to a song of the “Our Father”, reflect on the following questions :

- How have you experienced God’s love for you this week?
- How can you show God’s love to your family or neighbor?

**Write a thank you note to God** for the gift of His love and mercy and how you will show your love for God this week.

**Create and decorate a “Gratitude” basket or box.** Have every member of your family read aloud and share their thank you notes to God, then place the notes in the gratitude basket/box. Place the basket/box in a prominent place in your home so that whenever you pass by it, you are reminded of God’s love for you.

As a Catholic community let us rejoice and be grateful for the re-opening of churches. Let us continue to pray and give thanks to God for his love and mercy throughout these challenging times of COVID-19.



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