

13th Sunday in Ordinary Time  
June 28, 2020

# FAITH @ HOME

## 13th Sunday in Ordinary Time

**First Reading:** 2 Kings 4:8-11, 14-16a  
**Responsorial Psalm:** Psalm 89  
**Second Reading:** Romans 6:3-4, 8-11  
**Gospel:** Matthew 10:37-42

[Full Readings can be found here!](#)

### 1. HEAR

Grab your bible and look up the reading. Do not have one? No worries you can find the text [here](#).

Listen to the readings proclaimed in audio format from the [USCCB website](#).

[Check out this video](#) of the Proclamation of the Gospel (from Holy Heroes, 1:21 min).

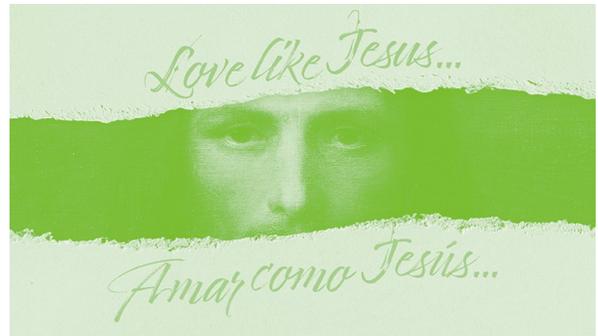
### 2. PRAY

Put together a small prayer space at home with a cross, the family Bible, a lit candle, or any other religious symbols you want to add. You can decorate the space with flowers and a piece of green fabric.

- [Play this instrumental rendition of Ubi Caritas](#) (*Where Charity and Love abound*).
- Acknowledge your initial thoughts and feelings from reading/hearing this Sunday's gospel.
  - Is Jesus asking me not to love my family? Does this shock you? Does it confuse you? Does it confirm what you knew? Speak to Jesus in your heart.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

- Ask the Holy Spirit to open your eyes, ears, and your heart to the message that Jesus is giving you right now. Slowly read the gospel again...
  - How is Jesus asking you to love Him? What keeps you from loving Jesus more fully? What keeps you from loving like Jesus?



### 3. TALK

- As a family, how do we proclaim Jesus in our lives? *Share with one other person.*
- What can you try to do this week to show selfless love to others outside of your family? *Share with the whole family.*
- Each person creates a cross of their own using whatever materials are available: paper, card stock, popsicle sticks, glue, markers, glitter, etc.). Make it as big as you want, but big enough to fit the name "JESUS" in it.
- Write on your cross one way in which you will show selfless love to someone outside of your family.
- Place this cross in a central location in your home, where the whole family can see it throughout the following days.