FAITH @ HOWE

1. HEAR

Pentecost Sunday

First Reading: Acts 2: 1-11 **Responsorial Psalm** Psalm 104

Second Reading: 1 Cor 12: 3B-7, 12-13 **Gospel:** John 20: 19-23

Full Readings can be found here!

2. PRAY

Choose from the list below and share it online #comeholyspirit

- 1. <u>Invite</u> the Holy Spirit into your home.
- 2. Pray at your prayer space you can <u>get creative</u> with items around your home. Choose a red cloth, a cross, a bible, a candle (you can use a paper flame in case you cannot light a candle).
 - a) You can cut a sheet of paper into 7 pieces. Write one gift on each piece of paper, place them in a bowl, cup or directly on your prayer space.



Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.



b) Each day choose a different gift from your prayer space and take time to reflect on how you can practice that gift. You can write this in a journal or share it with God in a conversation **OR** you can place each "gift" around your home, invite a person to choose which gift you and your family can live out that day. Be creative!

- 3. Pray with the Gospel
- 4. Pray with music Envía tu Espíritu

3. TALK

- 1. Choose an <u>activity</u> to celebrate Pentecost today!
- 2. The Holy Spirit is like the wind. Wind changes things. What needs changing in you, in your family, in the world?
- 3. Write a family prayer to the Holy Spirit asking for the courage to make changes.
- 4. What do you think Jesus is sending you to do at this time in your life?



Archdiocese of Los Angeles

Office of Religious Education