



**UPDATE REGARDING THE DISPENSATION FROM  
THE SUNDAY OBLIGATION OF MASS FOR THE YEAR 2020  
DURING THE TIME OF THE CORONAVIRUS PANDEMIC  
(May 15, 2020)**

Archbishop José H. Gomez dispenses all the Catholic faithful of the Archdiocese of Los Angeles and all Catholics currently in the Archdiocese from the obligation of attending Sunday Mass until further notice. Furthermore, the public celebration of Mass continues to be suspended in the Archdiocese of Los Angeles until further notice.

In so doing, as mentioned before, please make note of the following:

- Priests are encouraged to continue celebrating Mass for their faithful, but it should take the form of a “Private Mass” (i.e. without a congregation) in their church or chapel and be livestreamed. One or two ministers may assist the Priest.
- Priests are to encourage the Faithful to keep the Lord’s Day holy. Some ways to do this include: reading the Gospels, praying with your families, and to join yourself to the sacrifice of the Mass by making an act of spiritual communion.
- Parishes are invited to inform their parishioners of opportunities to view Mass or other services via livestream. The weekday and Sunday Masses will be livestreamed from the Cathedral of Our Lady of the Angels via various social media platforms of the Cathedral and the Archdiocese.
- The English Mass from the Cathedral is available on television KCOP Ch. 13 on Sunday at 10:00 AM. The Spanish Mass from the Cathedral is available on television UniMás Ch. 46 on Monday to Friday and Sunday at 7:00 AM.
- For more information on additional Mass broadcasts on TV and radio visit, [lacatholics.org/mass-for-the-homebound](http://lacatholics.org/mass-for-the-homebound). If your parish is livestreaming its Masses or other services, please email [DigitalTeam@la-archdiocese.org](mailto:DigitalTeam@la-archdiocese.org) to be added to the list on the Archdiocese’s website.